



**DRUG-FREE SCHOOLS AND
COMMUNITIES ACT
BIENNIAL REVIEW
ACADEMIC YEAR 2020-2022**

Final Date: 12/12/2022

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I. Introduction/Overview

The [Drug-Free Schools and Communities Act](#) requires institutions of higher education to conduct a biennial review of their alcohol and drug programs and policies to determine the effectiveness of prevention programs, consistency of policy enforcement, and to implement any necessary changes to programs and policies.

On a biennial basis, UC San Diego undertakes an internal review of its alcohol and drug misuse prevention program to do the following:

- Determine the program's effectiveness and implement changes to the program if changes are needed;
- Determine the number of drug and alcohol-related violations and fatalities that:
 - Occur on the institution's campus or as part of any of the institution's activities; and
 - Are reported to campus officials.
- Determine the number and type of sanctions that are imposed by the institution as a result of drug and alcohol-related violations and fatalities on the institution's campus or as a part of any of the institution's activities; and
- Ensure that the sanctions are consistently enforced.

This Biennial Review covers the 2020-2022 academic years, and is available online at <https://healthpromotion.ucsd.edu/about/reports/index.html>. The following departments have contributed to development and maintenance of this document:

- Academic Personnel Services Office
- CARE at the Sexual Assault Resource Center
- Enrollment Management
- Faculty Staff Assistance Program
- UC San Diego Health Faculty Affairs
- UC San Diego Health Human Resources
- Health Sciences
- Human Resources
- Intercollegiate Athletics
- Office of Ethics & Compliance
- Office of Student Conduct
- Office of the Registrar
- Division of Student Affairs
- Student Health and Well-Being
 - Counseling and Psychological Services
 - Health Promotion Services
 - Student Health Services

II. Annual Notification

On 10/7/2022, the Drug-Free Schools and Communities Act Annual Notice was sent via email to all academics, staff and students at UC San Diego. The 2022 Annual Notice can be viewed at: <https://healthpromotion.ucsd.edu/files/about/dfsca-annual-notice.pdf>

III. Program Elements

UC San Diego develops and implements alcohol and drug programs that utilize a variety of proven prevention strategies with respect to awareness, education and risk reduction. We are committed to evidence based and evidence informed interventions and ongoing assessment of student behaviors throughout the academic year. We also provide individual based intervention and counseling, group-based programs, and environmental changes that will positively impact the overall experience of the UC San Diego student.

A. Students

UC San Diego strongly supports a socio-ecological approach to improve student, faculty, and staff health. Health and health behaviors are shaped at multiple levels (e.g., public policy, community, institutional, interpersonal, and intrapersonal). These individual and environmental levels interact and impact student health, success, and retention. In order to effectively create behavior change, institutions of higher education need to incorporate evidence-based strategies at each level.

UC San Diego recognizes this need and implements strategies that aim to improve alcohol and drug knowledge, attitudes, and behavior among individuals and their social networks as well as incorporating environmental strategies. Examples of environmental strategies include: campus and community task forces, medical amnesty or other policy advocacy, Collegiate Recovery groups, class scheduling, alcohol-free alternative events, alcohol availability, responsible beverage service training, etc. This comprehensive prevention approach requires collaborative efforts from health, academic, student affairs, and administrative colleagues.

The following individual and environmental strategies contribute to UC San Diego's efforts in providing a comprehensive and integrated array of services.

1. Individual-level Strategies

Individual-level strategies are designed to change knowledge, attitudes, and behavior related to alcohol and other drugs. This includes both individual and group-based education and awareness programs, skills-based approaches, motivation and feedback-related approaches, and interventions.

UC San Diego supports a harm reduction philosophy, which is a set of strategies meant to reduce the negative consequences associated with alcohol and drug use. This includes safer use, managed use, and abstinence.

- Individual Based Programs/Intervention:
 - Brief Alcohol Screening and Intervention for College Students (BASICS)
 - Cannabis Screening and Intervention for College Students (CASICS)
 - Smoking/Vaping Cessation for students
 - Parent Handbook distribution in collaboration with Parent and Family Programs
 - Individual based counseling and intervention programs through Counseling and Psychological Services
 - Referral programs to off-campus treatment providers for students

- Group Based Programs/Interventions:
 - Tritons in Recovery: Collegiate Recovery Meetings
 - Sorority and Fraternity Life (SFL) Roundtables – Collaboration between SFL and Health Promotion Services
 - Awareness Day Programs provided by Health Promotion Services (ex. Great American Smoke-Out for vaping/smoking cessation awareness, Prescription Drug Takeback Day, etc.)
 - Requested programs from Health Promotion Services, CARE at Sexual Assault Resource Center, Office of Student Conduct, etc.

Counseling and Psychological Services (CAPS)

CAPS provides professional assessment, intervention and referral services for Alcohol, Tobacco, and Other Drug (ATOD) concerns. All CAPS clients who have a CAPS evaluation are assessed for their alcohol and substance use and misuse. Motivational Interviewing, short-term treatment, referral to specialty services (outpatient, intensive outpatient and inpatient) and referral to mutual help support groups (12-Step and Smart Recovery) is provided to clients as indicated. In addition, CAPS and SHS have collaborated to offer Medication Assisted Therapy (MAT) using Naltrexone and brief harm reduction counseling following the SAMSHA Guidelines for MAT. Referrals for a substance misuse focused psychological evaluation can also be made by the respective Dean of Student Affairs (undergraduate students), Assistant Dean – Graduate Student Affairs (graduate students), or by the Office of Student Conduct for students at risk for substance use disorders. Triggers for referrals include but are not limited to: 1) multiple violations of the student code of conduct involving alcohol or other drugs, 2) students for whom a co-morbid psychological or psychiatric condition is suspected, or 3) students who show evidence of alcohol dependence. CAPS also provides referrals to substance misuse specialty outpatient, intensive outpatient and inpatient treatment as needed. We have recently added specialists to our Student Health Insurance Program panel of providers.

Student Health Services

Although Student Health Services does not provide treatment, experienced staff (medical providers and social workers) assist students in accessing the resources that best suit their needs. Services and referrals are provided and may include continued collaboration with CAPS and Student Health Services clinical staff.

Academic Curriculum Development

Below is a list of coursework offered to undergraduate and graduate students during the previous two academic years that addressed alcohol and other drug topics

- Psychopharmacology- Drugs and Behavior (Psychology 181)
- Drugs, Addiction, and Mental Disorders (Psychology 179)
- Substance Abuse (Psychology 236)
- Social Deviance (Sociology (B 142)
- Pharmacology (BIMM 118 or Chem 118)
- Drugs: Brain, Mind and Culture (COGS174)
- Drug Synthesis and Design (Chem 168)
- Mind, Brain, and Behavior (CLIN 228)

2. Environmental-level Strategies

Environmental-level strategies are designed to change campus and community environments where substance use occurs and to educate the campus student body as a whole. This includes implementing policies, campus wide social norming campaigns, substance-free housing, prohibiting bulk alcohol, etc.

- Environmental Programs
 - Alcohol and Other Drug Policies
 - Incoming student Health and Wellbeing Survey as part of the Triton Checklist
 - Tritons Party Safer Campaign collaboration between Associated Students Concerts and Events, Health Promotion Services, Office of Student, and CARE at the Sexual Assault Resource Center
 - Great American Smoke-out Awareness Event in collaboration with campus and community partners
 - Medical Amnesty Program
 - Alcohol Tobacco and Other Drug Steering Committee
 - UC Wide Smoke and Tobacco Free Task Force
 - ID Checks at on and off-campus bars and establishments

Peer Education

The [Well-Being Peer Educator \(WPE\) Program](#) is designed for students interested in promoting wellness and healthy lifestyles through peer education. WPEs are trained to educate other students about health issues through outreach programs and are an

essential part of the Health Promotion Services department. There is a major focus on alcohol, tobacco, and other drug misuse in outreach efforts.

Total Programs

	2020-21	2021-22
Incoming Student Survey	1	1
Programs	20	22
Media	14	34
Tritons in Recovery	30 (meetings & events)	50 (meetings & events)

Program Reach

	2020-21	2021-22
Incoming Student Survey	1,258 completed surveys	6,831 completed surveys
Programs	193 students	2,139 students
Media	689 interactions	5,322 interactions
Tritons in Recovery	20 students	63 students

*The increase of the number of students relative to program attendance from FY20 to FY21 was due to more students living on campus and strengthened campus partnerships

3. Promoting Alcohol and Drug-Free, Social, Recreational, and Extra-Curricular Options and Public Service.

Providing an environment where students are aware of opportunities and events where alcohol is not the focus is necessary in a comprehensive program. This requires an all-campus effort to organize and provide opportunities to socialize in an alcohol and drug-free environment.

Hundreds of opportunities are offered by each of the undergraduate colleges, graduate and professional schools, Associated Students Concerts and Events, college councils, and the University Events Office (e.g., special events, awareness workshops, meetings, and other fun activities). A sample of these and other activities can be found on the following websites:

- Counseling and Psychological Services: <https://caps.ucsd.edu/programs/index.html>
- Triton Weeks of Welcome: <https://newtriton.ucsd.edu/twow/index.html>
- Triton Fest Events: <http://tritonfest.ucsd.edu/>
- Associated Students Concerts and Events: <https://asce.ucsd.edu/>
- Recreation: <https://recreation.ucsd.edu/>
- Health Promotion Services: <https://healthpromotion.ucsd.edu/programs-calendar/calendar/index.html>
- College Programming Revelle Example: <https://builder.guidebook.com/g/#/guides/revelle/schedule/sessions?scheduleDayPosition=2022-09-18&scheduleIndexInDayPosition=5>

B. Faculty and Staff

Employee Support Programs

Employee Support Programs are offered by the Faculty and Staff Assistance Program (FSAP) on Campus, and by Managed Health Network (MHN) for UC San Diego Health employees.

These programs are designed to support health, including the prevention of substance misuse by University employees, and to provide assistance and referral services for those who have substance misuse problems or concerns. Services include assessment, referral to community resources, consultation, supervisory training, return to work assistance, and follow-up. Services from both offices are offered at no-cost or with a small insurance co-pay, and many may be available to family members. Employees are encouraged to self-refer and seek this confidential assistance. In 2020, due to the Governor's Stay-at-home orders during the CoVid-19 pandemic, services were temporarily transitioned to tele-health phone or HIPPA-compliant video systems.

FSAP also assists Campus staff and faculty who may be concerned about a family member, friend, co-worker or subordinate who may have alcohol or drug problems. The goal is to provide intervention as early as possible. FSAP offers consultations with administrators, managers and supervisors who are concerned about employee substance use, and how to promote a healthy workplace.

FSAP is strictly confidential; no information about participation is released to anyone without written consent except when legally mandated. No information from FSAP appears in any departmental, central or personnel files. FSAP does not use clinical diagnoses, and does not share information with managed care companies.

For Health employees, support programs are offered through our Employee Assistance Program, operated by Optum/United Behavioral Health. Eligible employees and family members who reside with them have the option of face-to-face or telephonic services. Optum works with employees to transfer the services to their healthcare providers as necessary for a continuation of benefits. In addition, there are a number of resources on the Optum website (www.liveandworkwell.com). Communication with Optum is kept strictly confidential except when legally mandated.

C. Participating Campus-Community Collaboration

UC Smoke and Tobacco-Free Committee

The committee includes a multi-disciplinary, cross-campus representation of staff from campus and health UC campuses, Kick It California, CYAN, UCPath, etc. In 2020-2022, the committee's focus was to expand attention to campus drug use data and trends. Christine Glissmann, ATOD Health Educator from Health Promotion Services, is UC San Diego's representative to the Committee.

Tri-School Recovery Collective

This collective includes San Diego State University (SDSU), University of San Diego (USD), and UC San Diego. This relationship began in 2020 with the purpose of expanding connections among students in the recovery community of San Diego and sharing knowledge and resources among professional staff.

Additional San Diego-area Community Collaborations

- San Diego County Law Enforcement Task Force
- San Diego County Policy Panel on Youth Access to Alcohol
- San Diego County Prescription Drug Abuse Task Force. In 2015 a new subcommittee was formed to focus on college campuses.
- San Diego County MADD (Mothers Against Drunk Driving)
- San Diego County Health and Human Services regional alcohol and other drugs prevention provider, SAY San Diego.

IV. Assessment Results - ACHA-NCHA II survey

To better understand student behavior, UC San Diego conducts student surveys regarding alcohol and other drug use as part of an overall well-being assessment. Based on information obtained from the surveys, the University can more efficiently and effectively focus on and develop prevention strategies catered to UC San Diego students.

ACHA/NCHA (Spring 2021) The American College Health Association – National College Health Assessment II (ACHA-NCHA II) is a survey conducted by ACHA to assist college health professionals, Student Affairs staff, administrators, students and others, in collecting data about students' health status, behaviors and beliefs on a wide range of topics.

The department of Health Promotion Services administered the ACHA-NCHA II in the Spring of 2021. Nine thousand five hundred students (graduate (n=1300) and undergraduate students (n=8200)) were invited to complete the survey. To calculate sample size, a confidence level of 95% with a 3% margin of error was used. For a student population of greater than or equal to 30,000, a sample size of 1,000 completed surveys is desired. The response rate for UC San Diego was approximately 10% (n=909).

The NCHA survey was rewritten starting in Fall 2019 and is no longer comparable to previous years/versions. Due to this change, the impact on UC San Diego students' substance use during the COVID 19 Pandemic is largely unknown. Research on college student consumption during the pandemic has shown varying results with some research noting an increase of use amongst certain populations and decreases in others.

The following is a summary of key findings from the Spring 2021 survey:

Alcohol Use

- 55% of students have used alcohol in the last 3 months
- 17% of students had 5 or more alcoholic drinks in one sitting the last time they drank alcohol in a social setting

Reported experiences

Of those who drank within the last 12 months:

- 12% did something they later regretted
- 6% forgot where/what they did for a large period of time
- 14% forgot where/what they did for a short period of time
- 7% had unprotected sex
- 3% physically injured themselves
- 2% seriously considered suicide
- 0.7% had sex with someone without *giving their* consent
- 0.2% got in trouble with police
- 0.2% got in trouble with college/university authorities
- 0.4% physically injured another person
- 0.0% had sex with someone without *receiving their* consent

Other illegal drug use

The following percentages of students reported having used these substances in the last 3 months:

- Cannabis 24%
- Cocaine 2%
- Prescription stimulants 2%
- Methamphetamine 0.1%
- Inhalants 0.8%
- Sedatives or Sleeping Pills 1%
- Hallucinogens 4%
- Heroin 0.1%
- Prescription opioids 0.0%

Substance Specific Involvement (SSIS)

The following percentages of students were scored as having moderate risk use regarding the following substances:

- Tobacco or nicotine delivery products 7%
- Alcohol 8%
- Cannabis 16%
- Cocaine 0.8%
- Prescription stimulants 1%

- Methamphetamine 0.4%
- Inhalants 0.2%
- Sedatives or Sleeping Pills 1%
- Hallucinogens 2%
- Heroin 0.2%
- Prescription opioids 0.2%

The following percentages of students were scored as having high risk use regarding the following substances:

- Tobacco or nicotine delivery products 0.2%
- Alcohol 0.3%
- Cannabis 0.4%
- Cocaine 0.0%
- Prescription stimulants 0.0%
- Methamphetamine 0.0%
- Inhalants 0.1%
- Sedatives or Sleeping Pills 0.1%
- Hallucinogens 0.0%
- Heroin 0.0%
- Prescription opioids 0.0%

Prescription drug misuse*

Within the last 3 months:

- Prescription stimulants 1%
- Prescription sedatives or sleeping pills 1%
- Prescription opioids 0.0%

*taking without a prescription, or taking more medication or more often than prescribed

Tobacco or Nicotine Delivery Products

Within the last 3 months:

- Cigarettes 4%
- E-cigarettes or other vape products 7%
- Water pipe or hookah 1%
- Chewing or smokeless tobacco 0.1%
- Cigars or little cigars 1%

Students in Recovery

- 1.3% of college students surveyed indicated they were in recovery from alcohol or other drugs use.

V. Incidents and Sanctions – Students, Faculty, and Staff

A. Student Conduct

The following data relating to alcohol and drug-related student incidents and sanctions was provided by the Office of Student Conduct.

Student Conduct Incidents

INCIDENT TYPE	2020-21	2021-22
Alcohol related	99	165
Drug related	36	43
Alcohol and Drug related	8	18
Transports (local hospital)	8	37
Detox	2	37

The numbers here denote the number of single incidents in each category. Usually there is more than one person involved so it does not encapsulate every person involved, nor the number of violations committed.

During the 2020-21 academic year, UC San Diego limited the number of students living in campus residential facilities due to COVID concerns and implemented comprehensive COVID-19 residential area policies. This is directly correlated to the decrease in students living on campus. In Fall 2020, 6,168 undergraduate and 3,024 graduate students lived in campus residential facilities compared to 12,475 undergraduate and 4,402 graduate students in Fall 2021 and 12,520 undergraduate and 4,556 graduate students in Fall 2022).

With a major difference in students living on campus between the two years of this Review, there was an articulable decrease in student conduct violations overall in 2020-21, especially alcohol-related, and alcohol and drug-related violations. We also noticed a significant difference between the two years with alcohol and controlled substance related transports to local hospitals and detox facilities. As more students returned to living on campus in the 2021-22 academic year, the number of alcohol and drug violations returned to more traditional levels.

Student Sanction Statistics

Alcohol and alcohol-related violations and resulting sanctions

(Includes use, possession, intoxication, furnishing, and distribution, as well as Student Housing policies related to minors in the presence of alcohol).

RESULTING SANCTIONS	2020-21	2021-22
Probation	235	270
Formal Warning	136	192

Alcohol Self-Assessment Questionnaire	115	149
Reflection Paper	91	190
Practical Decision-Making Assessment and Reflection	66	53
BASICS Program	30	60
Other	26	17
Meetings	0	15
Letter of Apology	4	1
Community Service	2	1
Completion of Previous Sanctions	1	0
Restitution	1	2
CASICS Program	0	2
Exclusion from Areas or Activities	0	1
No Contact Order	0	1
Suspension	0	1

Drug and drug-related violations and resulting sanctions

(Includes use, possession and distribution as well as Student Housing policy violations of disruption and being in the presence of drugs).

RESULTING SANCTIONS	2020-21	2021-22
Probation	34	28
Formal Warning	21	32
Practical Decision-Making Assessment and Reflection	11	2
CARRS Program	10	0
CASICS Program	0	11
Reflection Paper	10	27
Dismissal/Expulsion	1	0
Letter of Apology	1	0
Meetings	1	1
Suspension	1	0
Other	0	1
Exclusion from Areas or Activities	0	2

Both alcohol and drug violations and resulting sanctions

RESULTING SANCTIONS	2020-21	2021-22
Formal Warning	17	16
Reflection Paper	12	15
Alcohol Self-Assessment Questionnaire	7	11
Practical Decision-Making Assessment and Reflection	7	7
Probation	5	20
Meetings	3	1
CASICS Program	2	6
Other	2	0

BASICS Program	1	1
Exclusion from Areas or Activities	0	4
Suspension	0	1

B. Faculty and Staff

Human Resources, Academic Personnel Services Office and Health Faculty Affairs track data with respect to faculty and staff alcohol related violations and sanctions.

Faculty and Staff Sanction Statistics

Alcohol and alcohol-related violations and resulting sanctions

RESULTING SANCTIONS	2020-21	2021-22
Resignation	0	1
Termination	1	1

Drug and drug-related violations and resulting sanctions

RESULTING SANCTIONS	2020-21	2021-22
Resignation	2	0
Termination	0	2

Both alcohol and drug violations and resulting sanctions

RESULTING SANCTIONS	2020-21	2021-22
Other	0	0

C. Sanction Consistency

Students

The Office of Student Conduct, in collaboration with the Council of Deans of Student Affairs and Directors' Council of Residence Life, maintains sanction guidelines for most all University Standards of Conduct violations. These guidelines provide a uniform set of initial sanctions for all Student Conduct Officers and ensure greater consistency among colleges and residential areas. The Office of Student Conduct provides regular training for Student Conduct Officers on appropriate sanctioning and periodically reviews resolution letters to ensure sanctioning consistency. The Office of Student Conduct also reviews sanctioning guidelines and assigned sanctions to facilitate consistency within the student conduct process.

Scholar-athletes and intercollegiate athletics teams may also be assigned sanctions as a result of violating the Scholar-Athlete Code of Conduct concurrent to their participation in the

University’s student conduct process, or in instances where the student conduct process may not apply. For more information, please review the [Scholar-Athlete Code of Conduct](#).

Faculty and Staff

Corrective actions and terminations are issued pursuant to applicable Personnel Policies for Staff Members or Collective Bargaining Agreements. For main Campus staff, all corrective actions are reviewed by Campus Employee Relations to ensure consistency and appropriateness. For Health Sciences staff, corrective and disciplinary actions are reviewed by Health Human Resources Employee Relations. There was not adequate data to examine consistency in sanction for faculty and staff.

VI. Policies & Procedures

There are several University of California and UC San Diego policies and procedures to cover substance use and misuse. See summary below of relevant policies and procedures. Full policies and/or relevant policy excerpts are available in the Appendices.

POLICY	DISTRIBUTION	ONLINE LINK
UC Policy on Student Conduct and Discipline (PACAOS 100.00)	Information is shared with students during Orientation programs.	https://policy.ucop.edu/doc/2710530/PACAOS-100
Alcohol Policy (PPM 510-1 XIII)	Included in DFSCA Annual Notice.	http://adminrecords.ucsd.edu/ppm/docs/510-1.13.HTML
UC Policy on Substance Abuse	Included in DFSCA Annual Notice.	https://policy.ucop.edu/doc/4000386/SubstanceAbuse
Residential Life Community Standards	Information is shared with residential students annually.	https://studentconduct.ucsd.edu/procedures/Residential-Life-Community-Standards-2022-23.pdf
UC Smoke and Tobacco Free Environment Policy	No current all-campus distribution	https://policy.ucop.edu/doc/4000371/SmokingPolicy
Smoke and Tobacco Free Policy (implements UC systemwide policy)	No current all-campus distribution	https://adminrecords.ucsd.edu/ppm/docs/270-7.html
Scholar-Athlete Code of Conduct	Information is shared with Scholar-Athletes annually	https://ucsandiego_ftp.sidearmsports.com/custompages/pdf9/5475396.pdf

VII. Program Goals and Goal Achievement

Goals and Achievement – 2020-2022

The 2018-2020 Biennial Review Report outlined eight recommendations, goals, and objectives for UC San Diego's ATOD program in the current review period. Strong progress was made on achieving the recommendations, goals, and objectives as described below.

- Continue to expand the Collegiate Recovery Program through the Student Health and Well-Being Cluster.
 - The Cluster moved from a .5 FTE Collegiate Recovery Position to a full-time Collegiate Recovery Coordinator Position along with two student employees
 - Meeting offerings have expanded from three to five a week and now includes an LGBTQIA, Women's Meeting, and Open Recovery meeting in addition to Spirit of 12 Step Meetings and SMART Recovery
 - Collegiate Recovery Program started with 20 students and has expanded to 63 students
 - Undergraduate Substance Free and Recovery housing is now available through a partnership with Housing*Dining*Hospitality
 - Social events and partnerships with departments have expanded
 - Tri-School Collective (i.e., SDSU, USD, UC San Diego) emerged and have partnered on recovery student game nights, Naloxone Distribution, etc.

- Restructure the peer health education program through the Student Health and Well-Being Cluster.
 - The Wellbeing Peer Educators (WPE) program was created in 2020 under the supervision of Health Promotion Services and Counseling and Psychological Services.

- Re-evaluate the Alcohol Drugs Issues Trends Committee to ensure that it is meeting the needs of the campus community.
 - In February 2022, the ADIT Committee was reconstituted as the ATOD Steering Committee. The committee combines the previous ADIT Committee, the Alcohol Policy Work Group and the Smoke and Tobacco-Free Campus Committee into one standing committee with responsibility for all these areas. The committee will provide campus leadership and departments with an expert policy resource, timely and useful data for planning, evaluating, and reviewing events, programs and trends, and advisement for groups charged with creating educational programming and opportunities across campus.

- Move to the BASICS and CASICS Platform for Alcohol and Drug Sanctioning for students.
 - The BASICS and CASICS program were successfully added as a sanction in partnership from Health Promotion Services and Office of Student Conduct. Health Educators in Health Promotion Services facilitate this program.

- Re-evaluate the first-year program and the effectiveness of the program.

- This review is ongoing.
- Re-evaluate to see if a soft mandate is best for the first-year program via e-Checkup.
 - This review is ongoing as e-Checkup was sunsetted during COVID.
- Strengthen referral resources for substance misuse treatment.
 - Students are given a referred to the Behavioral Health team in Student Health Services, College Mental Health, Counseling and Psychological Services, and/or the Collegiate Recovery Program in Health Promotion Services
- Increase the number of students who complete the NCHA-ACHA Survey.
 - Participation increased from 797 students in Spring 2019 to 909 students in Spring 2021.

VIII. Strengths and Areas of Growth

UC San Diego takes a holistic approach, with a broad group of collaborators both on and off campus to address various alcohol and drug issues affecting our students. Through continuous conversations, programmatic efforts and evaluation results, our students are informed and proactive about risk reduction techniques on our campus.

Strengths

The UC San Diego alcohol, tobacco, and other drug program is fortunate to have many built-in and developed strengths. These strengths include:

- Strong collaborative relationship between Division of Student Affairs and Campus Health, which includes the sharing of alcohol and drug data to get a clearer picture of high-risk events, populations and trends.
- Campus-wide collaboration and commitment to reduce alcohol and drug incidents specifically focusing on large campus events.
- Strong and active Collegiate Recovery Program with weekly meetings, social events, and undergraduate on-campus housing.
- The Alcohol, Tobacco, and Other Drugs (ATOD) Steering Committee brings together colleagues across campus to regularly discuss programs, trends, and policies relating to ATOD while engaging in a strategic review of ATOD programming and initiatives. Continued best practices and policies in place, including no alcohol advertising on campus.
- New alcohol and other drugs workshops continue to be developed with on-going revisions to incorporate newly identified knowledge and skills needed, such as how to identify a friend in need and what to do, and bystander intervention techniques.
- Alcohol and other drugs programs continue strong partnership with Recording Artists Against Drunk Driving (RADD) in key campus events throughout the year.

Areas of Growth

We identified the following areas of growth for the ATOD program at UC San Diego.

- Enhance evidence-based universal prevention strategies (ex. mandated alcohol and drug course for all incoming students)
- Strengthen assessment practices of programs and activities developed by the Health Educators, the Well-being Peer Educators, and Campus Partners
- Development of more ATOD educational material (ex. Harm reduction practices, how to talk about substances with students, resources, etc.) and targeted distribution to Campus Partners
- Expand harm reduction services at UC San Diego (ex. Naloxone Distribution Program)
- Broaden and identify programs/services targeted towards graduate students

IX. Recommendations

Based on the overall scope of this biennial review, the following goals and objective recommendations have been made for the next review period. The recommendations are based off the gaps identified by UC San Diego Health Promotion Services and the Office of Student Conduct as well as best practices developed by the [National Institute on Alcohol Abuse and Alcoholism](#), which are grounded in decades of scientific research and thought leader expertise in the field of alcohol and drug prevention.

- Identify high-level core campus values about alcohol, tobacco, and other drugs.
- Continue to provide evidence-based interventions, such as ECheckUpToGo and BASICS/CASICS
- Implement an Alcohol Educational Course for new incoming students (ex. Vector Module)
- Provide free Naloxone and Overdose Education for students as delivered by Health Promotion Services
- Review and evaluate current campus education and training programs about decision making around ATOD issues.
- Develop and maintain a comprehensive inventory of current ATOD programs, activities, and initiatives.
- Assess effectiveness of current programs, activities, and initiatives to determine how they have impacted substance use and misuse at UC San Diego.
- Identify and implement strategies, practices, and training for faculty and staff to support students in making positive decisions around alcohol and other drugs.
- Identify and implement strategies, practices, and training for faculty and staff advising student groups and organizations to identify at-risk students for substance use and misuse.
- Identify and implement a brief tobacco screening assessment for use by Student Health Services and Health Promotion Services.

X. APPENDIX ONE POLICY EXCERPTS

UC POLICY ON SUBSTANCE ABUSE Policy Text

The University of California recognizes dependency on alcohol and other drugs as a treatable condition and offers programs and services for University employees and students with substance dependency problems. Employees (including student employees) and students are encouraged to seek assistance, as appropriate, from Employee Support Programs, health centers, and counseling or psychological services available at University locations or through referral. Information obtained regarding an employee or student during participation in such programs or services will be treated as confidential, in accordance with Federal and State laws,

The University strives to maintain campus communities and worksites free from the illegal use, possession, or distribution of alcohol or of controlled substances, as defined in schedules I through V of the Controlled Substances Act, 21 United States Code §812, and by regulation at 21 Code of Federal Regulations §1308. Unlawful manufacture, distribution, dispensing, possession, use, or sale of alcohol or of controlled substances by University employees and students in the workplace, on University premises, at official University functions, or on University business is prohibited. In addition, employees and students shall not use illegal substances or abuse legal substances in a manner that impairs work performance, scholarly activities, or student life.

Employees found to be in violation of this Policy, including student employees if the circumstances warrant, may be subject to corrective action, up to and including dismissal, under applicable University policies and labor contracts, or may be required, at the discretion of the University, to participate satisfactorily in an Employee Support Program.

Students found to be in violation of this Policy may be subject to corrective action, up to and including dismissal, as set forth in the University of California Policies Applying to Campus Activities, Organizations, and Students (Part A) and in campus regulations, or may be required, at the discretion of the University, to participate satisfactorily in a treatment program.

Special requirements for employees engaged on Federal or State contracts and grants

The Federal Drug-Free Workplace Act of 1988 (Public Law 100-690, Title V, Subtitle O) and the State Drug-Free Workplace Act of 1990 require that University employees directly engaged in the performance of work on a Federal or State contract or grant shall abide by this Policy as a condition of employment.

Employees working on Federal contracts and grants shall notify the University within five calendar days if they are convicted of any criminal drug statute violation occurring in the workplace or while on University business. This requirement also applies to all indirect charge employees who perform support or overhead functions related to the Federal contract or grant and for which the Federal government pays its share of expenses, unless the employee's impact or involvement is insignificant to the performance of the contract or grant. The University is required to notify the Federal contracting or granting agency within ten calendar days of receiving notice of such conviction and to take appropriate corrective action or to require the employee to participate satisfactorily in available counseling, treatment, and approved substance-abuse assistance or rehabilitation programs within thirty calendar days of having received notice of such conviction.

UC SMOKE AND TOBACCO FREE ENVIRONMENT POLICY
Policy Text

The University of California prohibits smoking and tobacco use at all University controlled properties.

In a letter dated January 9, 2012, President Yudof announced to all Chancellors that UC, as a national leader in healthcare and environmental practices, would be smoke and tobacco-free effective January 2, 2014. This announcement covered all University controlled properties. In the announcement, each University location was charged with developing location-specific procedures to implement the smoke and tobacco-free directive.

This Policy applies to all members of the UC community. Effective implementation depends on the respect and cooperation of all members of the University community, all of whom have a collective responsibility to promote the safety and health of the UC campus and medical center communities.

In an ongoing effort to enhance awareness and encourage a culture of compliance, members of the UC community are encouraged to respectfully inform others about the Policy.

UC SAN DIEGO SMOKE & TOBACCO – FREE POLICY
Policy Statement

As an institution committed to providing a safe and healthful environment and in compliance with California State law, the University prohibits the sale, advertising, use and or Smoking/ Vaping of, Tobacco or Marijuana/ Cannabis on University Controlled Property, including parking lots. Smoking or tobacco use is not permitted in any indoor or outdoor area on University Controlled Property.

Exemptions to this Policy are allowed for:

- Research studies approved by UC San Diego Institutional Review Board or the Institutional Animal Care and Use Committee.
- Ceremonial use at University Controlled Property upon written request and written approval of the sponsoring department and the Fire Marshal's Office.

UC SAN DIEGO ALCOHOL POLICY Scope, Policy Summary, and Policy Statement

SCOPE

This *Policy* applies to all Alcoholic Beverages purchased, sold, served, consumed, distributed, or possessed either on University Grounds and Facilities or at University-Supported Activities regardless of location. It applies to all students, staff, and faculty, campus and student organizations, departments and units, other campus affiliates, and non-affiliates.

POLICY SUMMARY

This *Policy* describes the regulations, procedures, and expectations for the purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on UC San Diego Grounds and Facilities or at University-Supported Activities regardless of location.

POLICY STATEMENT

California state law, the San Diego Municipal Code, and this *Policy* govern the purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on all UC San Diego Grounds and Facilities and at Events. See Appendix A for a summary of applicable state and local laws.

A. ALCOHOLIC BEVERAGES AT CAMPUS PROPERTIES AND EVENTS

1. The purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on all UC San Diego Grounds and Facilities and Events is permitted only at:
 - a. University Grounds and Facilities specifically designated by the Chancellor or their designee.
 - b. University Grounds and Facilities licensed by the State of California Department of Alcoholic Beverage Control (ABC).
 - c. Events with Alcoholic Beverages approved for a one-day ABC permit by the UC San Diego Police Department (Police Department).
 - d. Private, controllable offices/spaces of administrative units or departments conducting a small meeting or function (30 persons or less) among employees with the approval of and in the presence of a Director-level staff member or faculty member predesignated by the administrative unit or department. All persons in attendance must be 21 years of age or older. It is highly recommended that units and departments engage Licensed Professional Servers as defined in Section G of the Definitions above.
 - e. Off-campus locations used by campus organizations or units sponsoring activities subject to the regulations of the properties being used and guidelines set forth by the ABC. If the Event is open to the general public, liability insurance coverage may be required, subject to review by the Risk Management Office.

2. The Executive Director of Housing Dining Hospitality or their designee may approve the use of Alcoholic Beverages for Conference Services Events consistent with this *Policy*.
3. The Scripps Institution of Oceanography (SIO) Director or their designee is responsible for issuing and administering policies and procedures regulating Alcoholic Beverages on SIO vessels consistent with this *Policy*.
4. Consistent with this *Policy*, the *UC San Diego Residential Life Community Standards* describe the applicable requirements for possession, use, consumption, distribution, and manufacturing of Alcoholic Beverages in campus residential areas.
5. The Chancellor or their designee may approve UC San Diego Intercollegiate Athletics to hold events with Alcoholic Beverages in secure, designated areas in conjunction with any home UC San Diego intercollegiate athletic contest. The Police Department must be consulted prior to the Chancellor or their designee granting approval for these Events. All Events provided for by this subsection must be held in accordance with the requirements described in this *Policy*.
6. Applications submitted by retail tenants requesting permission to apply for an ABC licenses will follow the process described in the *UC San Diego Procedures for New ABC Licenses*.
7. Per UC San Diego lease agreements, the University may impose limits on retail tenant operating hours, facility occupancy, the amount of Alcoholic Beverages served per patron and other reasonable restrictions for up to five calendar days per year (e.g. the annual Sun God Festival).
8. State appropriations general funds, specific and special state appropriations, contract and grant funds may not be used to purchase Alcoholic Beverages for consumption on University Grounds and Facilities or at Events. Endowments, gifts, and all other funds administered by UC San Diego may have restrictions on the purchase of Alcoholic Beverages. Event Sponsors must follow established procurement and payment procedures in order to be reimbursed for allowable purchases of Alcoholic Beverages.
9. Failure to comply with this *Policy* may result in personal and/or organizational liability, in addition to being subject to disciplinary action and sanctions from the University. Event Sponsors should understand their exposure to legal risk for violations of applicable laws that may occur as a result of sponsoring Events with Alcoholic Beverages.

B. EVENT REQUIREMENTS

1. Events with Alcoholic Beverages will be organized and promoted to foster safe and responsible consumption. The primary focus of Events will not be about drinking Alcoholic Beverages and they will not include contests involving consumption of Alcoholic Beverages.
2. In order to sell Alcoholic Beverages on University Grounds and Facilities or at an Event, the Event Sponsor must apply for an appropriate license and obtain a valid permit from the ABC, via the UC San Diego Police Department.
3. Event Sponsors may not collect cover charges or other donations for Events with Alcoholic Beverages unless they have applied for and received an approved permit by the UC San Diego Police Department.
4. If an Event is held in a licensed facility, only the facility's Licensed Professional Servers may serve Alcoholic Beverages. In all other circumstances, Event Sponsors must hire Licensed Professional Servers who are at least 21 years of age and licensed to serve Alcoholic Beverages through an ABC-sponsored Responsible Beverage Service Training program.
5. Other than Events described in Section (A) (1) (d) in the Policy Statement, Alcoholic Beverages not served directly by Licensed Professional Servers at the Event are prohibited. Individuals may not bring their own Alcoholic Beverages to any Event.
6. An approved identification system must be used at any Event with Alcoholic Beverages where under-aged persons may be present. This system, which must be prior approved by the UC San Diego Police Department, must include, but is not limited to: checking attendee identification cards, providing colored wrist bands to persons 21 years of age or older, and/or placement of physical barriers (e.g., fencing, barricades, tape) to separate those at least 21 years of age from those who are under-aged.
7. Alcoholic Beverages may only be consumed in the location(s) stated on the approved [Campus Events with Alcohol Form](#). For Events held in Public Space where Alcoholic Beverages are being served, the Event Sponsor must have adequate security present, as recommended by the UC San Diego Police Department, and restrict access to areas where Alcoholic Beverages are being served (e.g. barricades, fencing, tape). The Event Sponsor must also clearly mark entrances, exits, and locations where Alcoholic Beverages are permitted.
8. The amount of Alcoholic Beverages available at an Event will be reasonably limited by the number of attendees who may legally consume Alcoholic Beverages. The recommended amount of Alcoholic Beverages available at an event is two standard drinks per person unless otherwise noted in this *Policy*.

9. The Event Sponsor must provide a list of the Alcohol Beverage Volumes for all Alcoholic Beverages served at the Event near where service is provided and in plain sight of attendees.
10. A variety of non-Alcoholic Beverages, as well as an appropriate amount of food, must be made available by the Event Sponsor at all Events where Alcoholic Beverages are served. Non-Alcoholic Beverages must be featured as prominently as the Alcoholic Beverages.
11. For Educational Tastings, individual tastings of wine must be no more than one ounce, beer must be no more than two ounces. The total number of tastings per person at Educational Tastings must not exceed five.
12. Event Sponsors are responsible for any associated costs associated with their Event, including, but not limited to: hiring of Licensed Professional Servers, facility rental fees, liability insurance coverage, and security costs.
13. Event Sponsors must have proof of liability insurance for each planned Event with Alcoholic Beverages. Liability insurance may be procured through Campus Connexions (<https://ucsd.campusconnexionsuc.com/>).

C. DONATED ALCOHOL

1. Per California Business and Professions Code Sections 25503.9 and 25607.5, Event Sponsors may only sell donated beer or wine at Events with Alcoholic Beverages only if they apply for and receive a license from the ABC to do so.
2. Event Sponsors may accept donations from Alcoholic Beverage manufacturers or distributors in the form of money, products of the manufacturers or distributors, or goods or services specified by the Event Sponsor. Donations may not be in the form of clothing, attire, banners, or other articles identifying the manufacturer and/or distributor by such features.
3. Exceptions for donations from University support groups may be granted by the Chancellor or their designee on a case-by-case basis.

D. ADVERTISING and PROMOTIONS

1. Consumption of Alcoholic Beverages must not be advertised or promoted as the primary purpose of University-supported Events. Promotions of University-supported Events with Alcoholic Beverages must not include:
 - a. Descriptions of the event as a “wine and cheese reception”, “champagne toast”, “beer garden”, “BYOB” (bring your own booze/beer/bottle) or other similar wording.

- b. References to the total amount of Alcoholic Beverages served at the Event (e.g. “40 kegs”), offers of free awards of Alcoholic Beverages (e.g. door prizes or contest gifts), or statements that Alcoholic Beverages will be served at free or reduced prices.
 - c. Encouragement of binge drinking or rapid or excessive consumption of Alcoholic Beverages.
 - d. Photographs, illustrations or other images of Alcoholic Beverages.
 - e. Exaggerations of the benefits of drinking or statements linking Alcoholic Beverage consumption to unhealthy behaviors. This includes, but is not limited to: portraying Alcoholic Beverage consumption as a means of academic or social success, enhancing social, sexual, or academic status, or performing tasks requiring skilled reactions (e.g. driving an automobile).
2. References to Alcoholic Beverage manufacturers or distributors are generally prohibited.
- a. If an Event Sponsor provides an event program to attendees, it may include an acknowledgement of the name, but not the logo or trademark, of a contributing Alcoholic Beverage manufacturer or distributor.
 - b. If Alcoholic Beverages are served at the event, the manufacturer or distributor may be acknowledged by the Event Sponsor with a small table tent display near where the beverages are being served. Event Sponsors may give a verbal acknowledgement of the manufacturer or distributor at the Event.

UC POLICY ON STUDENT CONDUCT AND DISCIPLINE (PACAOS 100.00)

Standards of Conduct - Alcohol and Controlled Substances

102.17 Unlawful manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of controlled substances, identified in federal and state law or regulations.

102.18 Manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of alcohol that is unlawful or otherwise prohibited by, or not in compliance with, University policy or campus regulations.

UC SAN DIEGO RESIDENTIAL LIFE COMMUNITY STANDARDS

Standards of Conduct - Alcohol and Controlled Substances

1. Alcohol:

a. Under twenty-one (21): Federal law, California state law, and University policies prohibit persons under the age of twenty-one (21) from consuming, possessing, soliciting, procuring, selling, or manufacturing alcohol at any time. Persons under the age of twenty-one (21) in the presence of alcohol with or without objective signs of intoxication may be in violation of these Community Standards. Alcohol possession or consumption which can be detected from outside the room/suite/apartment will result in further inquiry and may be a violation of these Community Standards;

b. Over 21: Residents who are twenty-one (21) or older and their guest(s) and/or additional occupant(s) who are twenty-one (21) or older may possess and/or consume alcohol in the resident's contracted apartment space and specific Graduate and Family Housing (GFH) Community spaces as designated by the Associate Vice Chancellor of Housing Dining Hospitality or their designee so long as they are following Federal law, California law, and all other University policies. Manufacturing alcohol or providing alcohol to those under the age of 21 is prohibited;

c. Roommates: Residents who are under twenty-one (21) and who have roommates who are twenty- one (21) or over may be present in their residence when their roommate is consuming alcohol, but may neither consume nor possess any alcohol at any time;

d. Alcohol paraphernalia: Devices and games intended for the rapid consumption of alcohol (e.g., beer bong, beer pong, commercial dispensers, etc.) are prohibited whether or not alcohol is present. The presence of any open, full, or empty alcohol containers will be interpreted as possession of alcohol;

e. Bulk Alcohol: Possession of bulk quantities of alcohol is prohibited, including kegs and punch bowls. Residents who are 21 years old or older may individually have in their possession no more than the following amounts of alcohol at any time: 72 ounces of beer including wine coolers, hard ciders, twisted teas, and other 12-ounce containers; OR 25 ounces (750 milliliters) of wine; OR 6.8 ounces (200 milliliters) of hard liquor. No alcohol stronger than 80 proof is permitted. Limits apply to full, partially full, or empty alcoholic beverage containers;

f. Alcohol delivery: Only permitted for individuals living in Graduate and Family Housing who are age 21 and over. In Single Undergraduate Housing, regardless of age, alcohol delivery from any source is prohibited;

g. Gatherings: Social gatherings, where alcohol is present, are allowed provided all guest(s) and/or additional occupant(s) are 21 years or older and attendance at the gathering does not exceed two (2) guest(s) and/or additional occupant(s) per resident of the room/apartment. Hosting of multiple room gatherings where the consumption of alcoholic beverages takes place and where people move from one room to another is prohibited. This regulation applies even if all rooms involved are within allowable guest(s) and/or additional occupant(s) limits. Social gatherings in designated Graduate and Family Housing spaces (see list at the end of this document) where alcohol is present, may not exceed the posted room capacity or 18 participants, whichever is smaller. Attendees of any gathering must be able to show proof of age with government issued identification upon request. For gatherings larger than 18 participants, the host must reserve a space through the GFH online reservation portal and follow UC San Diego event and permitting policies. This includes events hosted by student organizations or groups;

h. Pubs/Restaurants: Residents consuming alcoholic beverages purchased from a pub or restaurant in any campus residential community (e.g., Mesa Nueva Pub, North Torrey Pines Living-Learning Neighborhood, etc.) must follow all applicable University, State, and Federal regulations adhering to the alcohol license procured by the facility operator. No outside alcohol is permitted in these licensed areas. No open alcoholic beverages purchased from these facilities may be taken outside of the licensed areas; and,

i. Public Consumption: With the exception of balconies attached to a 21+ year old resident's unit in Graduate and Family Housing, designated GFH community spaces, or a residential pub/restaurant, the consumption of alcohol may not occur in public areas in residential facilities.

7. Controlled Substances: Federal law, California state law, and University policy prohibits the unlawful possession, solicitation, procurement, sale, consumption, or manufacture of narcotics or controlled substances. Cannabis and cannabis products containing

tetrahydrocannabinol and/or cannabidiol are prohibited in Housing*Dining*Hospitality facilities. In addition, the Residential Community Standards provide that:

- a. Possession or consumption of controlled substances that can be detected from outside the room/suite/apartment will result in further inquiry and may be a violation of these Community Standards;
- b. Persons in the presence of controlled substances, with or without objective signs of intoxication, may be in violation of these Community Standards.
- c. The possession and/or use of drug paraphernalia is prohibited in or around all residential facilities; and,
- d. The use of any prescribed medication, over the counter drugs, and other controlled substances in an abusive or recreational manner is prohibited. Prescription medication may only be used or possessed by the person to whom it is prescribed.

UC SAN DIEGO SCHOLAR ATHLETE CODE OF CONDUCT
Alcohol, Controlled Substances, and NCAA Banned Drugs List Policy

I. Alcohol, Controlled Substance, and NCAA Banned Drugs List Policy

The UC San Diego Department of Athletics does not condone the illegal or irresponsible use of alcohol and other drugs, including marijuana. If a student-athlete violates the UC San Diego Student-Athlete Code of Conduct, the student-athlete will be subject to Athletic Department consequences (see Appendix IX) regardless of any sanctions that the student may be subject to by the University or other authorities.

The UC San Diego Student Conduct Code specifically prohibits:

Acquiring, possessing, using, manufacturing, or distributing controlled substances and/or drug paraphernalia, including the misuse of any prescribed medication, over the counter drugs and/or other controlled substances, as prohibited by federal law, state law, or University Policy.

For the purposes of this community standard, controlled substances include any drugs regulated by the local, state or federal government. This includes medicinal marijuana.

The use of marijuana, THC, or any synthetic cannabinoids (all of which fall under controlled substances per policy) by a student-athlete is **prohibited in all settings and regardless of age**; these items are banned by the NCAA as “illicit drugs” on the NCAA Banned Drugs List. For the full list of prohibited drugs by the NCAA, please visit: <http://www.ncaa.org/2018-19-ncaa-banned-drugs-list>.

Controlled substances may be considered legal substances if they are prescribed and administered by a licensed physician. This **does not** include medicinal marijuana, since marijuana remains as a federally regulated substance and is banned by the NCAA.

The use of alcohol or controlled substances by student-athletes is prohibited in the following settings:

1) In the Recruiting Process

Alcohol consumption or use of controlled substances by student hosts or recruits is not permitted, regardless of the age of the involved student hosts/recruits or who furnishes the alcohol or other substances. (Student hosts are defined as those student-athletes specifically assigned by the coach as the hosts for recruits on an official or unofficial visit.) Student hosts must sign a form agreeing to this as part of the paperwork they sign before servicing as a student host in the recruiting process. (This does not restrict them from locations in which others are using alcohol, i.e.

Round Table Pizza, it only restricts the host and recruit from any use of alcohol during the visit.)

2) Athletic Events on the Road

During road trips, alcohol consumption or the use of controlled substances by student-athletes is strictly prohibited at all times, regardless of the individuals' age or how it is obtained (who purchases).

3) Athletic Events on Campus

Alcohol consumption or the use of controlled substances by student-athletes, regardless of age, is prohibited at any UC San Diego Athletic practices, competitions or events (including banquets and summer camps). This pertains to participants and student-athlete spectators.

4) On Campus Residential Facilities

In accordance with the University Student Conduct Code and the Housing and Residential Life Policies, student-athletes under the age of twenty-one (21), found in a room where alcohol is being consumed are subject to disciplinary action whether or not they were drinking. Residents who are under twenty-one (21) and who have roommates who are twenty-one (21) or over may be present in their residence when their roommate is consuming alcohol, but may neither consume nor possess any alcohol at any time.

In addition, possession or consumption of controlled substances, including both recreational and medicinal marijuana, that can be detected from outside the room/suite/apartment will result in further inquiry and may be a violation of the Housing and Residential Life Policies.

5) Use of Falsified Identification

A student-athlete may not allow another person to use the student-athlete's identification for obtaining alcoholic beverages or controlled substances, nor may the student-athlete use the identification of another person for the illegal purchase of alcohol. If a student-athlete provides identification to someone else, the student-athlete will be held accountable for the manner in which the student-athlete's identification is used. No fake identifications may be used for purchase of alcohol or controlled substances.