UC San Diego

DRUG-FREE SCHOOLS AND COMMUNITIES ACT BIENNIAL REVIEW ACADEMIC YEARS 2022-2024

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I. Introduction/Overview

The Drug-Free Schools and Communities Act requires institutions of higher education to conduct a biennial review of their alcohol and other drug programs and policies to determine the effectiveness of prevention programs and consistency of policy enforcement, and to implement any necessary changes to programs and policies.

On a biennial basis, UC San Diego undertakes an internal review of its alcohol and drug misuse prevention program to do the following:

- Determine the program's effectiveness and implement changes to the program if changes are needed;
- Determine the number of drug and alcohol-related violations and fatalities that:
 - Occur on the institution's campus or as part of any of the institution's activities; and
 - Are reported to campus officials.
- Determine the number and type of sanctions that are imposed by the institution as a result of drug and alcohol-related violations and fatalities on the institution's campus or as a part of any of the institution's activities; and
- Ensure that the sanctions are consistently enforced.

This Biennial Review covers the 2022-2024 academic years, and is available online at https://healthpromotion.ucsd.edu/about/reports/index.html. The following departments have contributed to development and maintenance of this document:

- UC San Diego Health Faculty Affairs
- UC San Diego Health Human Resources
- Human Resources
- Office of Ethics & Compliance
- Center for Student Accountability, Growth, and Education (SAGE)
- Health Promotion Services (HPS)
- Campus Performances and Events Office
- Student Affairs Case Management Services
- Intercollegiate Athletics
- Graduate and Professional Student Association
- UCSD Planning, Design, and Construction
- Council of Provosts
- Directors Council of Residential Life
- Council of Deans of Student Affairs
- · Graduate Division and Post Doctoral Affairs
- Sorority and Fraternity Life
- Triton CORE (Compassionate Response Team)

- Real Estate
- Student Affairs Assessment, Evaluation, and Organizational Development
- Risk Managment
- UC San Diego Police Department
- Care at SARC (Sexual Assault Resource Center)
- Office of the Vice Chancellor for Student Affairs and Campus Life
- UC San Diego Health Student Health and Well-Being

II. Annual Notification

On 10/1/24, the Drug-Free Schools and Communities Act Annual Notice was sent via email to all academics, staff and students at UC San Diego. Students, faculty and staff who enroll or on-board after the distribution date will also be provided with a link to the Annual Notice. The Annual Notice can be viewed at: https://healthpromotion.ucsd.edu/files/about/dfsca-annual-notice.pdf

III. Program Elements

UC San Diego develops and implements alcohol and drug programs that utilize a variety of proven prevention strategies with respect to awareness, education and risk reduction. We are committed to evidence-informed interventions and ongoing assessment of student behaviors throughout the academic year.

We also provide individual-based intervention and counseling, group-based programs, and environmental changes that will positively impact the overall experience of the UC San Diego student.

A. Students

UC San Diego strongly supports a socio-ecological approach to improve student health. Health and health behaviors are shaped at multiple levels (e.g., public policy, community, institutional, interpersonal, and intrapersonal). These individual and environmental levels interact and impact student health, success, and retention. To effectively create behavior change, institutions of higher education need to incorporate evidence-based strategies at each level.

UC San Diego recognizes this need and implements strategies that aim to improve alcohol and drug knowledge, attitudes, and behavior among individuals and their social networks as well as incorporating environmental strategies. This comprehensive prevention approach requires collaborative efforts from health, academic, student affairs, and administrative colleagues.

The following individual and environmental strategies contribute to UC San Diego's efforts in providing a comprehensive and integrated array of services.

1. Individual-level Strategies

Individual-level strategies are designed to change knowledge, attitudes, and behavior related to alcohol and other drugs. This includes both individual and group-based education and awareness programs, skills-based approaches, motivation and feedback-related approaches, and interventions.

UC San Diego supports a harm reduction philosophy, which is a set of strategies meant to reduce the negative consequences associated with drug use. This includes safer use, managed use, and abstinence. Harm reduction is also a movement of social justice built on the belief in and respect for the right of those that use drugs.

- Individual Based Programs/Intervention:
 - o eCheckUp To Go Alcohol, Nicotine, and Cannabis Screening Tools
 - Screening and Brief Intervention and Referral to Treatment (SBIRT)
 - Brief Alcohol Screening and Intervention for College Students (BASICS)
 - Cannabis Screening and Intervention for College Students (CASICS)
 - Living Space Agreements (LSAs) including Alcohol, Tobacco and Other Drugs (ATOD) policy and expectations in residential communities
 - Informal conversations regarding ATOD policy and resources with University Safety Officials (USO)
 - Triton CORE emergency response harm reduction services (i.e., naloxone and fentanyl testing strip distribution, resources)
 - Smoking/Vaping Cessation for students
 - Individual-based counseling and intervention programs through Counseling and Psychological Services
 - o Referral programs to off-campus treatment providers for students

Group Based Programs/Interventions:

- Collegiate Recovery Program Meetings (i.e., Spirit of 12 Step, Newcomer's Meeting, and Self-Management and Recovery Training (SMART))
- Sorority and Fraternity Life (SFL) Education for leadership, new member orientation, general body members - Collaboration between SFL and Health Promotion Services (HPS)
- Awareness Day Programs provided by Health Promotion Services (ex. Great American Smoke-Out for vaping/smoking cessation awareness, Prescription Drug Takeback Day, etc.)
- Triton Fest Programming by Campus Events
- Requested programs from Health Promotion Services, CARE at Sexual Assault Resource Center, SAGE, etc.
- Events and programs created by the Colleges (ex. ERC Pre-Sun God Festival Event, Sixth College Booze and Boos Halloween Event)
- Naloxone Distribution Project

 Peer Education Programs (ex. Well-Being Peer Educators from HPS, Care at SARC Student Intern Program, etc.)

Total Programs*

ASSETS	2022-23	2023-24
ATOD Programs/Events	16	12
Collegiate Recovery Program	100 (meetings & events)	125 (meetings & events)
Naloxone Distribution	1	1
Project		

Program Reach*

ASSETS	2022-23	2023-24
ATOD Programs/Events	1,589 students	1,366 students
Collegiate Recovery Program	43 students	41 students
Naloxone Distribution	202 students	369 students
Project		

^{*}These numbers do not represent the totality of programs or reach at UC San Diego, but a snapshot of the efforts primarily from Health Promotion Services and their collaborators.

2. Environmental-level Strategies

Environmental-level strategies are designed to change campus and community environments where substance use occurs and to educate the campus student body. This includes implementing policies, campus wide social norming campaigns, substance-free housing, prohibiting bulk alcohol, etc.

- Environmental Programs
 - Alcohol and Other Drug Policies
 - Incoming Student Health and Wellbeing Survey as part of the Enrollment Checklist
 - Tritons Party Safer Campaign collaboration between Associated Students Concerts and Events, Health Promotion Services, SAGE, and CARE at the Sexual Assault Resource Center leading up to the Sun God Festival
 - Associated Students Safe Rides Sun God Program providing Lyft codes
 - Medical Amnesty Program
 - Alcohol Tobacco and Other Drug Steering Committee
 - UC Wide Smoke and Tobacco Free Policy and Task Force
 - Campus Notices (e.x. Smoke and Tobacco Free Policy, Naloxone Distribution Project)

- Policies regarding naloxone's presence in First Aid kits (ex. Campus Performances and Events Office)
- o Campus Retail Committee attendance and outreach to Student Affairs Deans

ASSETS	2022-23	2023-24
Incoming Student Survey	2797 surveys	2146 surveys

3. Promoting Alcohol and Drug-Free, Social, Recreational, and Extra-Curricular Options and Public Service.

Providing an environment where students are aware of opportunities and events where alcohol is not the focus is necessary in a comprehensive program. This requires an all-campus effort to organize and provide opportunities to socialize in an alcohol and drug-free environment.

Hundreds of opportunities are offered by each of the eight Colleges, Associated Student Events, and the Campus Performances and Events Office (e.g., special events, awareness workshops, meetings, and other fun activities). A sample of these and other activities can be found on the following websites:

- Triton Weeks of Welcome: https://newtriton.ucsd.edu/twow/index.html
- Triton Fest Events: http://tritonfest.ucsd.edu/
- AS Concerts and Events: https://asce.ucsd.edu/
- Recreation: https://recreation.ucsd.edu/
- Health Promotion Services: https://healthpromotion.ucsd.edu/programs-calendar/calendar/index.html

B. Faculty and Staff

Employee Support Programs

Employee Support Programs are offered by the <u>Faculty and Staff Assistance Program (FSAP)</u> for UC San Diego Campus employees, and by <u>Optum</u> for UC San Diego Health employees. These programs are designed to support healthy behavioral and emotional health, including support managing substance misuse.

FSAP offers employee counseling and wellness consultations, assistance locating external resources, educational workshops, and support groups. FSAP also offers consultations with administrators, managers and supervisors who are concerned about employee substance use, and how to promote a healthy workplace. Use of this program is strictly confidential; no information about participation is released to anyone without written consent except when legally mandated. No information from FSAP appears in any departmental, central or personnel files.

For Health employees and eligible dependents, confidential counseling, unlimited phone consultations, self-help tools, and 24/7 access to an Emotional Wellbeing Specialist is available. Optum works with employees to transfer the services to their healthcare providers as necessary for a continuation of benefits. Communication with Optum is kept strictly confidential except when legally mandated.

Other examples of well-being resources for employees:

UC San Diego Employee Wellness Program
UC San Diego Health Team Member Well-Being and Engagement
Kick It California – Nicotine and Tobacco Cessation Program

C. Participating Campus-Community Collaboration

UC Smoke and Tobacco-Free Committee

The committee includes a multi-disciplinary, cross-campus representation of staff from campus and health UC campuses, Kick It California, CYAN, UCPath, etc. From 2022-2024, the committee's focus was to expand attention to systemwide drug use data and trends. Christine Glissmann, Assistant Director of Health Promotion Services is the UC San Diego's representative to the Committee.

IV. Assessment Results

UC San Diego utilizes a mixed methods approach to assessing the alcohol and drug program. The ATOD Program collects both quantitative data (like drinking frequency and drug use prevalence) as well as qualitative data after presentations and large campus events. The data below represents substance use behaviors, attitudes, and experiences of a portion of UC San Diego students using the National Collegiate Health Assessment.

a. ACHA-NCHA III survey - 2023

To better understand student behavior, UC San Diego conducts student surveys regarding alcohol and other drug use as part of an overall well-being assessment. Based on information obtained from the surveys, the University can more efficiently and effectively focus on and develop prevention strategies catered to UC San Diego students.

The American College Health Association – National College Health Assessment III is a survey conducted by ACHA to assist college health professionals, Student Affairs staff, administrators, students and others, in collecting data about students' health status, behaviors and beliefs on a wide range of topics. Health Promotion Services administered the ACHA-NCHA III in the Spring of 2023 from February to March. Twelve thousand and two hundred fifty-one (graduate (n=2750) and undergraduate students (n=9501) were invited to complete the survey. To calculate sample size, a confidence level of 95% with a 3% margin of error was used. For a student population of greater than or equal to 30,000, a sample size of 1,000 completed surveys is desired. The response rate for UCSD was

approximately 7.6% (n=924). While the response rate was not sufficient to be generalizable, the NCHA provides relevant information about substance use trends.

The following is a summary of some key findings related to substance use from the Spring 2023 survey:

Alcohol Use

- 58.5% of students have used alcohol in the last 3 months
- 31.2% of those who reported drinking alcohol within the last two weeks consumed 5 or more drinks in a sitting 1-2 times
- 15.9% of students reported driving after having any alcohol in the last 30 days

Reported experiences

Of those who drank within the last 12 months:

- 16.4% forgot where/what they did for a short period of time
- 15.1% did something they later regretted
- 8.2% forgot where/what they did for a large period of time
- 7.2% had unprotected sex
- 5.1% physically injured themselves
- 1.6% got in trouble with college/university authorities
- 1.5% seriously considered suicide
- 1.1% had sex with someone without giving their consent
- 0.3% got in trouble with police
- 0.2% physically injured another person
- 0.2% had sex with someone without receiving their consent

Other drug use

The following percentages of students reported having used these substances in the last 3 months:

- Cannabis 27.2%
- Hallucinogens 3.5%
- Prescription stimulants 1.8%
- Inhalants 1.4%
- Cocaine 1.3%
- Sedatives or Sleeping Pills 1.1%
- Prescription opioids 0.6%
- Methamphetamine 0.2%
- Heroin 0.1%

Substance Specific Involvement (SSIS)

The following percentages of students were scored as having moderate risk use regarding the following substances:

- Cannabis 17.9%
- Alcohol 8%
- Tobacco or nicotine delivery products 6.7%
- Hallucinogens 1.3%
- Cocaine 0.8%
- Inhalants 0.5%
- Sedatives or Sleeping Pills 0.5%
- Prescription stimulants 0.4%
- Prescription opioids 0.1%
- Methamphetamine 0.0%
- Heroin 0.0%

The following percentages of students were scored as having high risk use regarding the following substances:

- Alcohol 1.0%
- Sedatives or Sleeping Pills 0.3%
- Tobacco or nicotine delivery products 0.2%
- Cannabis 0.2%
- Hallucinogens 0.1%
- Prescription opioids 0.1%
- Heroin 0.0%
- Cocaine 0.0%
- Prescription stimulants 0.0%
- Methamphetamine 0.0%
- Inhalants 0.0%

Prescription drug misuse*

Within the last 3 months:

- Prescription stimulants 1.8%
- Prescription sedatives or sleeping pills 1.1%
- Prescription opioids 0.6%

Tobacco or Nicotine Delivery Products

Within the last 3 months:

- E-cigarettes or other vape products 7.3%
- Cigarettes 5.0%
- Water pipe or hookah 0.6%
- Chewing or smokeless tobacco 0.5%
- Cigars or little cigars 1.0%

^{*}non-medical use

Students in Recovery

 1.1% of college students surveyed indicated they were in recovery from alcohol or other drugs use.

V. Incidents and Sanctions - Students, Faculty, and Staff

A. Student Conduct

The following data relating to alcohol and drug-related student incidents and sanctions was provided by the Center for Student Accountability, Growth, and Education (SAGE). Student Conduct Incidents is not a representation of the number of sanctioned students. A single incident can result in multiple violations and sanctions.

Student Conduct Incidents

INCIDENT TYPE	2022-23	2023-24
Alcohol related	222	236
Drug related	86	89
Alcohol and Drug related	25	8
Transports (local hospital)	42	48
Detox	38	5
TOTAL	413	386

There was a significant decrease in students who were taken to a detox facility in 2023-24. This is in direct connection to the cancellation of the 2024 Sun God Festival. Based on traditional data, we have concluded that the majority of detox transports have been related to the participation in the Sun God Festival. As articulated in a campus announcement, the festival was cancelled because campus security resources otherwise available to ensure safety and security at the festival were deployed elsewhere on campus.

Student Sanction Statistics

NOTE – When "N/A" is listed for a specific year, it means that the sanction was not offered.

Alcohol and alcohol-related violations and resulting sanctions

(Includes use, possession, intoxication, furnishing, and distribution, as well as Student Housing policies related to minors in the presence of alcohol).

Students can receive multiple violations per incident.

ALCOHOL VIOLATIONS	2022-23	2023-24
Alcohol/General Violation	34	13

Alcohol/Gatherings	22	100
Alcohol/Over 21	9	14
Alcohol/Paraphernalia	29	65
Alcohol/Public Consumption	0	9
Alcohol/Under 21	112	150
Controlled Substances	2	0
Violations of Federal/State/Local law	2	3
TOTAL	210	354

RESULTING SANCTIONS	2022-23	2023-24
Formal Warning	250	285
Alcohol e-Checkup to Go*	23	179
Alcohol Self-Assessment Questionnaire*	127	N/A
Reflection Paper	102	90
Probation	95	82
Screening Brief Intervention and Referral to Treatment SBIRT	N/A	2
BASICS Program	71	69
CASICS Program	0	0
Practical Decision-Making Assessment and Reflection (PDMAR)		
	32	62
Community Service	2	2
Completion of Previous Sanctions	0	0
De-Registration	0	1
Letter of Apology	9	3
Follow-up Meetings	2	5
No Contact Order	0	0
Other**	2	6
Exclusion from Areas or Activities	3	0
Restitution	22	0
Suspension	2	0
TOTAL	742	786

^{*}The Alcohol Self-Assessment Questionnaire was formally retired in 2023-24 and replaced by the Alcohol e-Checkup to Go module. The Questionnaire was initially developed because use of previous brief assessments was ended, necessitating a home-grown sanction module. The Questionnaire was used as a first-level alcohol sanction and focused on increasing student awareness of applicable alcohol policy standards.

^{**}Other sanctions could be education or other creative solutions

Screening Brief Intervention and Referral to Treatment (SBIRT) was introduced by Health Promotion Services (HPS) in 2023. SBIRT is a brief intervention assessing the severity of substance use, increasing awareness and motivation toward behavior change, and referral to appropriate resources. SBIRT is a one 30-to-45-minute meeting in-person with HPS staff and normally assigned for mid-level alcohol and controlled substances violations.

Drug and drug-related violations and resulting sanctions

(Includes use, possession and distribution as well as Student Housing policy violations of disruption and being in the presence of drugs).

Students can receive multiple violations per incident.

DRUG VIOLATIONS	2022-23	2023-24
Controlled Substances/Paraphernalia	7	6
Controlled Substances/In Presence	1	20
Controlled Substances/Possession	38	35
Smoking	22	24
Violation of Federal, State, Local laws	2	1
TOTAL	70	86

Most all controlled substances violations involve cannabis as possession and use is prohibited on campus per the Drug Free Work Place Act, even though possession and use of cannabis is legal in California.

RESULTING SANCTIONS	2022-23	2023-24
Formal Warning	61	89
Alcohol e-Checkup to Go	0	1
Alcohol Self-Assessment Questionnaire	1	N/A
Cannabis e-Checkup to Go	27	42
Nicotine e-Checkup to Go	0	2
Reflection Paper	38	19
Probation	24	14
SBIRT	N/A	1
BASICS Program	1	0
CASICS Program	7	4
Practical Decision-Making Assessment and Reflection (PDMAR)	11	11
Community Service	0	1
Letter of Apology	1	0
Follow-up Meetings	0	1
Other	3	0
Exclusion from Areas or Activities	3	0

Suspension	0	0
Dismissal/Expulsion	0	0
TOTAL	177	185

As noted above, HPS introduced the e-Checkup suite of interventions in 2022 to replace homegrown and other sanction modules.

Both alcohol and drug violations and resulting sanctions

ALCOHOL + DRUG VIOLATIONS	2022-23	2023-24
Alcohol	2	0
Alcohol/Alcohol Paraphernalia	0	2
Alcohol/Gatherings	1	3
Alcohol/Over 21	0	1
Alcohol/Public Consumption	1	0
Alcohol/Roommates	0	0
Alcohol/Under 21	4	6
Controlled Substances	4	0
Controlled Substances/In Presence	0	3
Controlled Substances/Paraphernalia	0	0
Smoking	2	3
Vios. of Federal, State, and Local Law	0	0
TOTAL	14	18

RESULTING SANCTIONS	2022-23	2023-24
Formal Warning	29	17
Alcohol e-Checkup to Go	10	8
Alcohol Self-Assessment Questionnaire	8	N/A
Cannabis e-Checkup to Go	1	5
Nicotine e-Checkup to Go	0	0
Reflection Paper	18	1
Probation	35	3
SBIRT	0	0
BASICS Program	19	0
CASICS Program	0	0
Practical Decision-Making Assessment and Reflection (PDMAR)	12	2
Community Service	1	0
Letter of Apology	0	0
Follow-up Meetings	2	0
Other	1	0
Exclusion from Areas or Activities	2	0

Restitution	1	0
Suspension	1	0
Dismissal/Expulsion	0	0
TOTAL	140	36

After reviewing applicable data, the reasons for the significant decrease in BASIC program, probation, and reflection paper sanctions in 2023-24 are unclear. We will review the data in 2024-25 to see if this is an aberration or emerging trend.

B. Faculty and Staff

Human Resources, Academic Personnel Services Office and Health Faculty Affairs track data with respect to faculty and staff alcohol related violations and sanctions.

Faculty and Staff Sanction Statistics

Alcohol and alcohol-related violations and resulting sanctions

VIOLATIONS AND RESULTING SANCTIONS	2022-23	2023-24
Resignation	0	0
Termination	0	0
TOTAL	0	0

Drug and drug-related violations and resulting sanctions

VIOLATIONS AND RESULTING SANCTIONS	2022-23	2023-24
Resignation	1	1
Termination	4	2
Under review	0	1
None/Unsubstantiated	0	1
TOTAL	5	4

Both alcohol and drug violations and resulting sanctions

VIOLATIONS AND RESULTING SANCTIONS	2022-23	2023-24
Other	0	0
TOTAL	0	0

C. Sanction Consistency

Students

The Sanctioning Guidelines for Alcohol and Controlled Substances clearly outlines a stepped sanctioning process based on severity of violation and the student's sanctioning history. Typical sanctions are listed based on the severity of violation. Other sanctions are also provided as conduct officers have discretion on what else is appropriate based on the incident.

The Center for Student Accountability, Growth, and Education (SAGE), in collaboration with the Council of Deans of Student Affairs and Directors' Council of Residence Life, maintains sanction guidelines for most all University Standards of Conduct violations. These guidelines provide a uniform set of initial sanctions for all Student Conduct Officers to ensure greater consistency among colleges, residential areas, and faculty/staff across campus. SAGE provides regular training for Student Conduct Officers on appropriate sanctioning and periodically reviews resolution letters to ensure sanctioning consistency. SAGE also reviews sanctioning guidelines and assigned sanctions to facilitate consistency within the student conduct process.

Scholar-athletes and intercollegiate athletics teams may also be assigned sanctions for violating the Scholar-Athlete Code of Conduct concurrent to their participation in the University's student conduct process, or in instances where the student conduct process may not apply. For more information, please review the Scholar-Athlete Code of Conduct in appendix.

Sanctioning Guidelines for Alcohol & Controlled Substances

Faculty and Staff

Corrective actions and terminations are issued pursuant to applicable Personnel Policies for Staff Members or Collective Bargaining Agreements. For main campus staff, all corrective actions are reviewed by Campus Employee Relations to ensure consistency and appropriateness. For Health Sciences staff, corrective and disciplinary actions are reviewed by Health Human Resources Employee Relations. There was not adequate data to examine consistency in sanction for faculty and staff.

VI. Proposed Senate and Assembly Bills

There are several Senate and Assembly Bills that cover substance related topics that impact institutions of higher education. See summary below of relevant bills and associated links.

BILL TITLE	BILL RECOMMENDATION	ONLINE LINK
Student Safety: Opioid Overdose Reversal Medication: Student Housing Facilities	Notify student body at the beginning of each term about the presence of fentanyl test strips and opioid overdose reversal medication	AB 1841
Opioid Antagonists: Stadiums, Concert Venues, and Amusement Parks	Bill requires each stadium, concert venue, and amusement park to maintain	SB 234

	naloxone and ensure at least 2 employees are aware of the location.	
Student Safety: Fentanyl Test Strips	Notify and provide educational information of the use and location of fentanyl test strips and opioid overdose reversal medication during student orientation	AB 461
Postsecondary education: on- campus access to drug testing devices	Bill encourages UC to stock drug testing devices free-of-charge in the health center and notify of location. Drug testing devices are defined as test strips, stickers, straws, and other devices designed to detect the presence of controlled substances in a drink.	AB 1524
Student Safety: Opioid Overdose Reversal Medication	Bill requests UC provide preventative education on opioid overdose, the use and location of opioid overdose reversal medication, and that the campus health center apply for federally approved doses and participate in the Naloxone Distribution Program.	SB 367
Occupational Safety and Health Standards: First Aid Materials: Opioid Antagonists	The Division of Occupational Safety and Health is required to submit a revision by December 1, 2027, to include naloxone and instructions for use as part of first aid materials.	AB 1976

VII. Policies & Procedures

There are several University of California and UC San Diego policies and procedures to cover substance use and misuse. See summary below of relevant policies and procedures. Full policies and/or relevant policy excerpts are available in the Appendices.

POLICY	DISTRIBUTION	ONLINE LINK
UC Policy on Student Conduct and	Information is shared with	https://policy.ucop.edu/do
Discipline (PACAOS 100.00)	students during Orientation programs.	<u>c/2710530/PACAOS-100</u>
Alcohol Policy (PPM 510-1 XIII)	Included in DFSCA Annual	http://adminrecords.ucsd.e
	Notice.	du/ppm/docs/510-
		1.13.HTML
UC Policy on Substance Abuse	No current distribution plan.	https://policy.ucop.edu/do
		c/4000386/SubstanceAbu
		<u>se</u>
Residential Life Community	Information is shared with	https://sage.ucsd.edu/proc
Standards	residential students annually.	edures/Undergraduate-
		Residential-Life-
		Community-Standards-
		Clean-10-2.pdf

UC Smoke and Tobacco Free Environment Policy	No current distribution plan.	https://policy.ucop.edu/do c/4000371/SmokingPolicy
Smoke and Tobacco Free Policy (implements UC systemwide policy)	Included in annual Smoke Free Campus email.	https://adminrecords.ucsd. edu/ppm/docs/270-7.html
Scholar-Athlete Code of Conduct	Information is shared with Scholar-Athletes annually	https://ucsandiego_ftp.sid earmsports.com/custompa ges/pdf9/5475396.pdf

VIII. Program Strengths

UC San Diego takes a holistic approach, with a broad group of collaborators both on and off campus to address various alcohol and drug issues affecting our students and employees. Through continuous conversations, programmatic efforts and evaluation results, our students are informed and proactive about risk reduction techniques on our campus.

Strengths

The UC San Diego ATOD program is fortunate to have many built-in and developed strengths. These strengths include:

- Strong collaborative relationship between Student Affairs and Student Health and Well-Being, which includes the sharing of alcohol and drug trends to get a clearer picture of high-risk events, populations and trends.
- Campus-wide collaboration and commitment to reduce alcohol and drug incidents specifically focusing on large campus events.
- Strong and active Collegiate Recovery Program with weekly meetings and social events
- The Alcohol, Tobacco, and Other Drugs (ATOD) Steering Committee brings together
 colleagues across campus to regularly discuss programs, trends, and policies relating
 to ATOD while engaging in a strategic review of ATOD programming and initiatives.
 Continued best practices and policies in place, including no alcohol advertising on
 campus.
- New alcohol and other drugs workshops continue to be developed with on-going revisions to incorporate newly identified knowledge and skills needed, such as how to identify a friend in need and what to do, and bystander intervention techniques.

IX. Program Goals and Progress

Goals and Achievement - 2022-2024

- Identify high-level core campus values about alcohol, tobacco, and other drugs.
 - The ATOD Program at UC San Diego has established guiding principles, which the ATOD Steering Committee will continue to explore and adapt to best meet the needs of the UC San Diego community at large:

- Harm reduction- A set of strategies meant to reduce the negative consequences associated with drug use. This includes safer use, managed use, and abstinence. Harm reduction is also a movement for social justice built on the belief in and respect for the right of those that use drugs.
- Restorative Justice- A complement and alternative to the formal student conduct process. Restorative Justice is centered around building community, addressing conflict, and restoring the individual, group, and structural relationship that was damaged in the incident.
- Education- The primary focus of the student conduct process and ATOD program is to educate our students and constituents about community standards, expectations, ATOD awareness and resources while providing them the knowledge and skills to enhance their decision making.
- Implement an Alcohol Educational Course for new incoming students (ex. EVERFI Module)
 - The ATOD Steering Committee members are in the progress of reviewing violations, transport data, Medical Amnesty Policy (MAP) data, and recidivism to establish a case for a mandatory alcohol educational course for incoming students.
- Provide free Naloxone and Overdose Education for students as delivered by Health Promotion Services.
 - The Naloxone Distribution Project (NDP) went live Winter Quarter 2023 with approval from the Student Health and Well-Being Cluster and the Office of Vice Chancellor of Student Affairs and Campus Life (VCSACL). The NDP is operated by Health Promotion Services within the Student Health Services Building. Naloxone, fentanyl testing strips, and education is provided through drop-in hours, requested pick-up, presentations, and community tabling. This program has been embraced by the campus and has expanded beyond student distribution. NDP provides harm reduction resources and education to Triton CORE, CAPS, VCSACL, University Campus Events, Academic Research Labs, Geisel Library, University Centers, UC San Diego School of Medicine incoming students, etc. NDP will continue to support widespread distribution and education in collaboration with student organizations and faculty and staff members.
- Review and evaluate current campus education and training programs about decision making around ATOD issues.
 - This goal is ongoing.
- Develop and maintain a comprehensive and updated inventory of current ATOD programs, activities, and initiatives.
 - Health Promotion Services has an established process for collecting programs and activities. The ATOD Steering Committee is working towards a collective process for UC San Diego to best represent the ATOD efforts at large.
- Assess effectiveness of current programs, activities, and initiatives to determine how they have impacted substance use and misuse at UC San Diego.

- This goal is ongoing. HPS and SAGE are in the process of establishing an assessment plan in collaboration with Student Health and Well-Being Strategic Planning and Analytics as well as the Student Affairs and Campus Life Assessment, Evaluation, and Organizational Development (AEOD) team
- Identify and implement strategies, practices, and training for faculty and staff to support students in making positive decisions around alcohol and other drugs.
 - The Collegiate Recovery Program hosts Recovery Ally Trainings by request, which covers substance use on campus, recovery-friendly language, addiction and recovery on campus, how to connect students or peers to the CRP, and how to get involved.
 - Student Affairs Case Managment hosts "<u>Creating a Culture of Care</u>" trainings for faculty and staff, which covers how to support a student in distress, substances included.
- Identify and implement strategies, practices, and training for faculty and staff advising student groups and organizations to identify at-risk students for substance use and misuse.
 - This goal is ongoing. HPS has an established relationship with the Center for Student Involvement (CSI), which oversees student organizations. HPS yearly provides alcohol and drug education to Sorority and Fraternity Life.
- Identify and implement a brief tobacco screening assessment for use by Student Health Services and Health Promotion Services.
 - Student Health Services has an established questionnaire asking about tobacco or nicotine use.
 - Health Promotion Services has not used a screening assessment but does have established questions when a student schedules a smoking/vaping cessation appointment.

X. Goals for Biennial Review 2024 - 2026

Based on the overall scope of this biennial review, the following goals and objectives recommendations have been made for the next review period.

- Establish the process for gaining approval for a mandatory Alcohol Educational Course for new incoming students (ex. VECTOR Module)
- Develop a repository of all campus-wide ATOD programs, activities, and initiatives.
- Development of ATOD educational materials (ex. Tabling games, alcohol and drug education, resources, etc.) to be distributed to campus partners like residential assistants
- Increase Medical Amnesty Policy awareness and alcohol policy knowledge
- Disseminate education to policy makers about substance use concerns among the UC student community
- Improve the response rate of the ACHA National College Health Assessment
- Further assess sanction consistency by comparing conduct officer sanction assignment by college/HDH/GEPA, violation, demographic variables, etc. (ex. The

- explanation of the decrease in BASIC program, probation, and reflection paper sanctions in 2023-24 are unclear)
- Develop a distribution plan for the UC Policy on Substance Abuse and the UC Smoke and Tobacco Free Environment Policy

APPENDIX ONE POLICY EXCERPTS

UC POLICY ON SUBSTANCE ABUSE Policy Text

The University of California recognizes dependency on alcohol and other drugs as a treatable condition and offers programs and services for University employees and students with substance dependency problems. Employees (including student employees) and students are encouraged to seek assistance, as appropriate, from Employee Support Programs, health centers, and counseling or psychological services available at University locations or through referral. Information obtained regarding an employee or student during participation in such programs or services will be treated as confidential, in accordance with Federal and State laws,

The University strives to maintain campus communities and worksites free from the illegal use, possession, or distribution of alcohol or of controlled substances, as defined in schedules I through V of the Controlled Substances Act, 2i United States Code §812, and by regulation at 21 Code of Federal Regulations §1308. Unlawful manufacture, distribution, dispensing, possession, use, or sale of alcohol or of controlled substances by University employees and students in the workplace, on University premises, at official University functions, or on University business is prohibited. In addition, employees and students shall not use illegal substances or abuse legal substances in a manner that impairs work performance, scholarly activities, or student life.

Employees found to be in violation of this Policy, including student employees if the circumstances warrant, may be subject to corrective action, up to and including dismissal, under applicable University policies and labor contracts, or may be required, at the discretion of the University, to participate satisfactorily in an Employee Support Program.

Students found to be in violation of this Policy may be subject to corrective action, up to and including dismissal, as set forth in the University of California Policies Applying to Campus Activities, Organizations, and Students (Part A) and in campus regulations, or may be required, at the discretion of the University, to participate satisfactorily in a treatment program.

Special requirements for employees engaged on Federal or State contracts and grants. The Federal Drug-Free Workplace Act of 1988 (Public Law 100-690, Title V, Subtitle 0) and the State Drug-Free Workplace Act of 1990 require that University employees directly engaged in the performance of work on a Federal or State contract or grant shall abide by this Policy as a condition of employment.

Employees working on Federal contracts and grants shall notify the University within five calendar days if they are convicted of any criminal drug statute violation occurring in the workplace or while on University business. This requirement also applies to all indirect charge employees who perform support or overhead functions related to the Federal contract or grant and for which the Federal government pays its share of expenses, unless the employee's impact or involvement is insignificant to the performance of the contract or grant. The University is required to notify the Federal contracting or granting agency within ten calendar days of receiving notice of such conviction and to take appropriate corrective action or to require the employee to participate satisfactorily in available counseling, treatment, and approved substance-abuse assistance or rehabilitation programs within thirty calendar days of having received notice of such conviction.

UC SMOKE AND TOBACCO FREE ENVIRONMENT POLICY Policy Text

The University of California prohibits smoking and tobacco use at all University controlled properties.

In a letter dated January 9, 2012, President Yudof announced to all Chancellors that UC, as a national leader in healthcare and environmental practices, would be smoke and tobaccofree effective January 2, 2014. This announcement covered all University controlled properties. In the announcement, each University location was charged with developing location-specific procedures to implement the smoke and tobacco-free directive.

This Policy applies to all members of the UC community. Effective implementation depends on the respect and cooperation of all members of the University community, all of whom have a collective responsibility to promote the safety and health of the UC campus and medical center communities.

In an ongoing effort to enhance awareness and encourage a culture of compliance, members of the UC community are encouraged to respectfully inform others about the Policy.

UC SAN DIEGO SMOKE & TOBACCO – FREE POLICY Policy Statement

As an institution committed to providing a safe and healthful environment and in compliance with California State law, the University prohibits the sale, advertising, use and or Smoking/Vaping of, Tobacco or Marijuana/Cannabis on University Controlled Property, including parking lots. Smoking or tobacco use is not permitted in any indoor or outdoor area on University Controlled Property.

Exemptions to this *Policy* are allowed for:

- Research studies approved by UC San Diego Institutional Review Board or the Institutional Animal Care and Use Committee.
- Ceremonial use at University Controlled Property upon written request and written approval of the sponsoring department and the Fire Marshal's Office.

UC SAN DIEGO ALCOHOL POLICY Scope, Policy Summary, and Policy Statement

SCOPE

This *Policy* applies to all Alcoholic Beverages purchased, sold, served, consumed, distributed, or possessed either on University Grounds and Facilities or at University-Supported Activities regardless of location. It applies to all students, staff, and faculty, campus and student organizations, departments and units, other campus affiliates, and non-affiliates.

POLICY SUMMARY

This *Policy* describes the regulations, procedures, and expectations for the purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on UC San Diego Grounds and Facilities or at University-Supported Activities regardless of location.

POLICY STATEMENT

California state law, the San Diego Municipal Code, and this *Policy* govern the purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on all UC San Diego Grounds and Facilities and at Events. See Appendix A for a summary of applicable state and local laws.

A. ALCOHOLIC BEVERAGES AT CAMPUS PROPERTIES AND EVENTS

- 1. The purchase, sale, service, consumption, distribution, and possession of Alcoholic Beverages on all UC San Diego Grounds and Facilities and Events is permitted only at:
 - a. University Grounds and Facilities specifically designated by the Chancellor or their designee.
 - b. University Grounds and Facilities licensed by the State of California Department of Alcoholic Beverage Control (ABC).
 - c. Events with Alcoholic Beverages approved for a one-day ABC permit by the UC San Diego Police Department (Police Department).
 - d. Private, controllable offices/spaces of administrative units or departments conducting a small meeting or function (30 persons or less) among employees with the approval of and in the presence of a Director-level staff member or faculty member predesignated by the administrative unit or department. All persons in attendance must be 21 years of age or older. It is highly recommended that units and departments engage Licensed Professional Servers as defined in Section G of the Definitions above.
 - e. Off-campus locations used by campus organizations or units sponsoring activities subject to the regulations of the properties being used and guidelines set forth by the ABC. If the Event is open to the general public, liability insurance coverage may be required, subject to review by the Risk Management Office.
- The Executive Director of Housing Dining Hospitality or their designee may approve the use of Alcoholic Beverages for Conference Services Events consistent with this *Policy*.
- 3. The Scripps Institution of Oceanography (SIO) Director or their designee is responsible for issuing and administering policies and procedures regulating Alcoholic Beverages on SIO vessels consistent with this *Policy*.
- 4. Consistent with this *Policy*, the *UC San Diego Residential Life Community* Standards describe the applicable requirements for possession, use, consumption, distribution, and manufacturing of Alcoholic Beverages in campus residential areas.
- 5. The Chancellor or their designee may approve UC San Diego Intercollegiate Athletics to hold events with Alcoholic Beverages in secure, designated areas in conjunction with any home UC San Diego intercollegiate athletic contest. The Police Department must be consulted prior to the Chancellor or their designee granting approval for these Events. All Events provided for by this subsection must be held in accordance with the requirements described in this *Policy*.
- 6. Applications submitted by retail tenants requesting permission to apply for an ABC licenses will follow the process described in the UC San Diego *Procedures for New ABC Licenses*.
- 7. Per UC San Diego lease agreements, the University may impose limits on retail tenant operating hours, facility occupancy, the amount of Alcoholic Beverages

- served per patron and other reasonable restrictions for up to five calendar days per year (e.g. the annual Sun God Festival).
- 8. State appropriations general funds, specific and special state appropriations, contract and grant funds may not be used to purchase Alcoholic Beverages for consumption on University Grounds and Facilities or at Events. Endowments, gifts, and all other funds administered by UC San Diego may have restrictions on the purchase of Alcoholic Beverages. Event Sponsors must follow established procurement and payment procedures in order to be reimbursed for allowable purchases of Alcoholic Beverages.
- 9. Failure to comply with this *Policy* may result in personal and/or organizational liability, in addition to being subject to disciplinary action and sanctions from the University. Event Sponsors should understand their exposure to legal risk for violations of applicable laws that may occur as a result of sponsoring Events with Alcoholic Beverages.

B. EVENT REQUIREMENTS

- Events with Alcoholic Beverages will be organized and promoted to foster safe and responsible consumption. The primary focus of Events will not be about drinking Alcoholic Beverages and they will not include contests involving consumption of Alcoholic Beverages.
- In order to sell Alcoholic Beverages on University Grounds and Facilities or at an Event, the Event Sponsor must apply for an appropriate license and obtain a valid permit from the ABC, via the UC San Diego Police Department.
- 3. Event Sponsors may not collect cover charges or other donations for Events with Alcoholic Beverages unless they have applied for and received an approved permit by the UC San Diego Police Department.
- 4. If an Event is held in a licensed facility, only the facility's Licensed Professional Servers may serve Alcoholic Beverages. In all other circumstances, Event Sponsors must hire Licensed Professional Servers who are at least 21 years of age and licensed to serve Alcoholic Beverages through an ABC-sponsored Responsible Beverage Service Training program.
- 5. Other than Events described in Section (A) (1) (d) in the Policy Statement, Alcoholic Beverages not served directly by Licensed Professional Servers at the Event are prohibited. Individuals may not bring their own Alcoholic Beverages to any Event.
- 6. An approved identification system must be used at any Event with Alcoholic Beverages where under-aged persons may be present. This system, which must be prior approved by the UC San Diego Police Department, must include, but is

not limited to: checking attendee identification cards, providing colored wrist bands to persons 21 years of age or older, and/or placement of physical barriers (e.g., fencing, barricades, tape) to separate those at least 21 years of age from those who are under-aged.

- 7. Alcoholic Beverages may only be consumed in the location(s) stated on the approved <u>Campus Events with Alcohol Form</u>. For Events held in Public Space where Alcoholic Beverages are being served, the Event Sponsor must have adequate security present, as recommended by the UC San Diego Police Department, and restrict access to areas where Alcoholic Beverages are being served (e.g. barricades, fencing, tape). The Event Sponsor must also clearly mark entrances, exits, and locations where Alcoholic Beverages are permitted.
- 8. The amount of Alcoholic Beverages available at an Event will be reasonably limited by the number of attendees who may legally consume Alcoholic Beverages. The recommended amount of Alcoholic Beverages available at an event is two standard drinks per person unless otherwise noted in this *Policy*.
- 9. The Event Sponsor must provide a list of the Alcohol Beverage Volumes for all Alcoholic Beverages served at the Event near where service is provided and in plain sight of attendees.
- 10. A variety of non-Alcoholic Beverages, as well as an appropriate amount of food, must be made available by the Event Sponsor at all Events where Alcoholic Beverages are served. Non-Alcoholic Beverages must be featured as prominently as the Alcoholic Beverages.
- 11. For Educational Tastings, individual tastings of wine must be no more than one ounce, beer must be no more than two ounces. The total number of tastings per person at Educational Tastings must not exceed five.
- 12. Event Sponsors are responsible for any associated costs associated with their Event, including, but not limited to: hiring of Licensed Professional Servers, facility rental fees, liability insurance coverage, and security costs.
- 13. Event Sponsors must have proof of liability insurance for each planned Event with Alcoholic Beverages. Liability insurance may be procured through Campus Connexions (https://ucsd.campusconnexionsuc.com/).

C. DONATED ALCOHOL

- 1. Per California Business and Professions Code Sections 25503.9 and 25607.5, Event Sponsors may only sell donated beer or wine at Events with Alcoholic Beverages only if they apply for and receive a license from the ABC to do so.
- 2. Event Sponsors may accept donations from Alcoholic Beverage manufacturers or distributors in the form of money, products of the manufacturers or distributors,

- or goods or services specified by the Event Sponsor. Donations may not be in the form of clothing, attire, banners, or other articles identifying the manufacturer and/or distributor by such features.
- 3. Exceptions for donations from University support groups may be granted by the Chancellor or their designee on a case-by-case basis.

D. ADVERTISING and PROMOTIONS

- Consumption of Alcoholic Beverages must not be advertised or promoted as the primary purpose of University-supported Events. Promotions of Universitysupported Events with Alcoholic Beverages must not include:
 - a. Descriptions of the event as a "wine and cheese reception", "champagne toast", "beer garden", "BYOB" (bring your own booze/beer/bottle) or other similar wording.
 - b. References to the total amount of Alcoholic Beverages served at the Event (e.g. "40 kegs"), offers of free awards of Alcoholic Beverages (e.g. door prizes or contest gifts), or statements that Alcoholic Beverages will be served at free or reduced prices.
 - c. Encouragement of binge drinking or rapid or excessive consumption of Alcoholic Beverages.
 - d. Photographs, illustrations or other images of Alcoholic Beverages.
 - e. Exaggerations of the benefits of drinking or statements linking Alcoholic Beverage consumption to unhealthy behaviors. This includes, but is not limited to: portraying Alcoholic Beverage consumption as a means of academic or social success, enhancing social, sexual, or academic status, or performing tasks requiring skilled reactions (e.g. driving an automobile).
- 2. References to Alcoholic Beverage manufacturers or distributors are generally prohibited.
 - a. If an Event Sponsor provides an event program to attendees, it may include an acknowledgement of the name, but not the logo or trademark, of a contributing Alcoholic Beverage manufacturer or distributor.
 - b. If Alcoholic Beverages are served at the event, the manufacturer or distributor may be acknowledged by the Event Sponsor with a small table tent display near where the beverages are being served. Event Sponsors may give a verbal acknowledgement of the manufacturer or distributor at the Event.

UC POLICY ON STUDENT CONDUCT AND DISCIPLINE (PACAOS 100.00)

Standards of Conduct - Alcohol and Controlled Substances

102.17 Unlawful manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of controlled substances, identified in federal and state law or regulations.

102.18 Manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of alcohol that is unlawful or otherwise prohibited by, or not in compliance with, University policy or campus regulations.

UC SAN DIEGO RESIDENTIAL LIFE COMMUNITY STANDARDS Undergraduate Residential Areas Standards of Conduct - Alcohol and Controlled Substances

1. Alcoholic Beverages:

Section 102.18 of the University of California <u>Policy on Student Conduct and Discipline</u> describes the University's Standards of Conduct for Alcoholic Beverages, as applied to students. The UC San Diego <u>Alcohol Policy</u> describes campus specific alcohol beverage policies and defines the term Alcoholic Beverages. Consistent with Section 102.18 and the Alcohol Policy, the Community Standards below describe the applicable requirements for possession, use, consumption, distribution, and manufacturing of Alcoholic Beverages in campus residential areas.

Alcoholic Beverage possession or consumption which can be detected from outside of a room, suite, or apartment will result in further inquiry and may be a violation of these Community Standards.

a. Alcoholic Beverage Delivery

Delivery of Alcoholic Beverages from any source is prohibited.

b. Alcoholic Beverage Paraphernalia

Devices and games intended for the rapid consumption of Alcoholic Beverages (e.g., beer bongs, beer pong, commercial dispensers, funnels) are prohibited.

c. Bulk Alcoholic Beverages

Possession or use of bulk quantities of Alcoholic Beverages, beyond what is considered reasonable for personal use, is prohibited. Kegs and other large containers with bulk Alcoholic Beverage content are prohibited.

Alcoholic Beverages stronger than 50% alcohol by volume are not permitted in undergraduate residential facilities and areas. Limits apply to full, partially full, or empty Alcoholic Beverage containers.

d. Gatherings

Social gatherings, where Alcoholic Beverages are present, are allowed only when all Guest(s) and/or Additional Occupant(s) are 21 years or older and attendance at the gathering does not exceed two (2) Guest(s) and/or Additional Occupant(s) per Resident of the residential space.

Hosting of multiple room gatherings with consumption of Alcoholic Beverages and where people move from one room to another is prohibited. This standard applies even if all rooms involved are within allowable Guest(s) and/or Additional Occupant(s) limits.

Attendees of any gathering must show proof of age with government issued identification to a University Official or other public official upon request.

e. Over 21

Residents who are twenty-one (21) or older and their Guest(s) and/or Additional Occupant(s) who are twenty-one (21) or older may possess and/or consume Alcoholic Beverages in the Resident's contracted space and so long as they are complying with federal state, and local laws, and all other University policies. Manufacturing or providing Alcoholic Beverages to those under the age of twenty-one (21) is prohibited.

f. Public Consumption

The consumption of Alcoholic Beverages may not occur in public areas in RRSS residential area facilities.

g. Public Intoxication

Consistent with Section 56.34 of the San Diego Municipal Code, public display of intoxication from Alcoholic Beverages in RRSS residential facilities and areas is prohibited.

h. Pubs/Restaurants

Residents consuming Alcoholic Beverages purchased from a pub or restaurant operated in any campus residential community must follow all applicable federal, state, and local laws, and University regulations relating to the facility operator's alcohol license. No outside Alcohol Beverages are permitted in these licensed areas. No open Alcoholic Beverages purchased from these facilities may be taken outside of the licensed areas.

i. Under twenty-one (21)

Federal law, state law, San Diego municipal ordinance, and University policies prohibit persons under the age of twenty-one (21) from consuming, possessing, soliciting, procuring, selling, or manufacturing Alcoholic Beverages at any time.

Persons under the age of twenty-one (21) in the presence of Alcoholic Beverages with or without objective signs of intoxication may be in violation of these Community Standards.

Residents who are under twenty-one (21) and who have roommates or suitemates who are twenty- one (21) or over may be present in their residence when their roommate or suitemate is consuming Alcoholic Beverages but may neither consume nor possess any Alcoholic Beverages at any time.

7. Controlled Substances

Federal law, California state law, and University policy prohibits the unlawful possession, solicitation, procurement, sale, consumption, or manufacture of narcotics or controlled substances. Cannabis and cannabis products containing tetrahydrocannabinol and/or cannabidiol are prohibited in RRSS facilities. The possession and/or use of drug paraphernalia, including, but not limited to, pipes, water pipes, roach clips, bongs, is prohibited in or around all RRSS residential facilities. In addition, the following standards apply:

- a. Possession or consumption of controlled substances that can be detected from outside the room/suite/apartment will result in further inquiry and may be a violation of these Community Standards.
- b. Persons in the presence of controlled substances, with or without objective signs of intoxication, may be in violation of these Community Standards.

UC SAN DIEGO RESIDENTIAL LIFE COMMUNITY STANDARDS
Graduate and Family Housing
Standards of Conduct - Alcohol and Controlled Substances

1. Alcoholic Beverages:

Consistent with <u>University Policy PPM 102.18 Policy on Student Conduct and Discipline</u> and <u>University Policy PPM 510-1 Alcohol Policy</u>, the Graduate and Family Housing Community Standards below describe the applicable requirements, what is permitted, and what is prohibited in relation to alcoholic beverages in Graduate and Family Housing (GFH) residential areas.

a. Alcoholic Beverage delivery

Delivery of alcoholic beverages is only permitted for residents and additional occupants living in Graduate and Family Housing who are age 21 and over.

b. Alcoholic beverage paraphernalia

Devices and games intended for the rapid consumption of alcoholic beverages (e.g., beer bongs, beer pong, commercial dispensers, funnels) are prohibited.

c. Bulk Alcohol

Possession or use of bulk quantities of alcoholic beverages, beyond what is considered reasonable for personal use, is prohibited. Kegs and other large containers with alcoholic content are prohibited.

d. Gatherings

Social gatherings, where alcoholic beverages are present, are allowed based on the specific space and location. Attendees of any gathering must show proof of age with government issued identification upon request.

Social gatherings in GFH living units, where alcoholic beverages are present, may occur so long as all other policies within these Standards are adhered to, they are not disruptive to the community, and do not pose a health and safety concern.

Social gatherings in reservable GFH community rooms where alcoholic beverages are present may not exceed the posted room capacity or 18 participants, whichever is smaller. For gatherings larger than 18 participants, the host must reserve a space through the GFH online reservation portal and follow University Policy PPM 510-1 Section V.A. Policy on Major Events On Campus and permitting policies. This includes events hosted by student organizations or groups.

e. **Over 21**

Residents who are twenty-one (21) or older and their guest(s) and/or additional occupant(s) who are twenty-one (21) or older may possess and/or consume alcoholic beverages in the resident's contracted apartment space and <u>reservable GFH Community Rooms</u> so long as they are complying with federal law, state law, and all other University policies.

f. Public Consumption

The consumption of alcoholic beverages may not occur in public areas in residential facilities, except for balconies, patio spaces, residential pool, barbecue grill, ping pong table, reservable GFH community rooms, or the residential pub/ pub area, unless following University Policy PPM 510-1 Section V.A. Policy on Major Events On Campus) where use of alcoholic beverages have been approved for a UC San Diego-sponsored event.

g. Public Intoxication

Consistent with <u>San Diego Municipal Code § Section 56.54</u>, public display of intoxication in GFH residential facilities and grounds is prohibited.

h. Residential Pub

Residents consuming alcoholic beverages purchased from a GFH residential pub must follow all applicable federal, state, local, and University, and regulations relating to the facility operator's alcohol license. No outside alcoholic beverages are permitted in licensed areas serving alcohol. No open alcoholic beverages purchased from these facilities may be taken outside of the licensed areas.

i. Under twenty-one (21)

Federal law, state law, San Diego municipal ordinance, and University policies prohibit persons under the age of twenty-one (21) from consuming, possessing, soliciting, procuring, selling, or manufacturing alcoholic beverages at any time.

4. Controlled Substances

Federal law, California state law, and University policy prohibits the unlawful possession, solicitation, procurement, sale, consumption, or manufacture of narcotics or controlled substances. Cannabis and cannabis products containing tetrahydrocannabinol and/or cannabidiol are prohibited in GFH facilities. The possession and/or use of drug paraphernalia, including, but not limited to, pipes, water pipes, roach clips, bongs, is prohibited in or around all GFH residential facilities.

UC SAN DIEGO SCHOLAR ATHLETE CODE OF CONDUCT Alcohol, Controlled Substances, and NCAA Banned Drugs List Policy

I. Alcohol, Controlled Substance, and NCAA Banned Drugs List Policy

The UC San Diego Department of Athletics does not condone the illegal or irresponsible use of alcohol and other drugs, including marijuana. If a student-athlete violates the UC San Diego Student-Athlete Code of Conduct, the student-athlete will be subject to Athletic Department consequences (see Appendix IX) regardless of any sanctions that the student may be subject to by the University or other authorities.

The UC San Diego Student Conduct Code specifically prohibits:

Acquiring, possessing, using, manufacturing, or distributing controlled substances and/or drug paraphernalia, including the misuse of any prescribed medication, over the counter drugs and/or other controlled substances, as prohibited by federal law, state law, or University Policy.

For the purposes of this community standard, controlled substances include any drugs regulated by the local, state or federal government. This includes medicinal marijuana.

The use of marijuana, THC, or any synthetic cannabinoids (all of which fall under controlled substances per policy) by a student-athlete is **prohibited in all settings and regardless of age**; these items are banned by the NCAA as "illicit drugs" on the NCAA Banned Drugs List. For the full list of prohibited drugs by the NCAA, please visit: http://www.ncaa.org/2018-19-ncaa-banned-drugs-list.

Controlled substances may be considered legal substances if they are prescribed and administered by a licensed physician. This *does not* include medicinal marijuana, since marijuana remains as a federally regulated substance and is banned by the NCAA.

The use of alcohol or controlled substances by student-athletes is prohibited in the following settings:

1) In the Recruiting Process

Alcohol consumption or use of controlled substances by student hosts or recruits is not permitted, regardless of the age of the involved student hosts/recruits or who furnishes the alcohol or other substances. (Student hosts are defined as those student-athletes specifically assigned by the coach as the hosts for recruits on an official or unofficial visit.) Student hosts must sign a form agreeing to this as part of the paperwork they sign before servicing as a student host in the recruiting process. (This does not restrict them from locations in which others are using alcohol, i.e.

Round Table Pizza, it only restricts the host and recruit from any use of alcohol during the visit.)

2) Athletic Events on the Road

During road trips, alcohol consumption or the use of controlled substances by student-athletes is strictly prohibited at all times, regardless of the individuals' age or how it is obtained (who purchases).

3) Athletic Events on Campus

Alcohol consumption or the use of controlled substances by student-athletes, regardless of age, is prohibited at any UC San Diego Athletic practices, competitions or events (including banquets and summer camps). This pertains to participants and student-athlete spectators.

4) On Campus Residential Facilities

In accordance with the University Student Conduct Code and the Housing and Residential Life Policies, student-athletes under the age of twenty-one (21), found in a room where alcohol is being consumed are subject to disciplinary action whether or not they were drinking. Residents who are under twenty-one (21) and who have roommates who are twenty-one (21) or over may be present in their residence when their roommate is consuming alcohol, but may neither consume nor possess any alcohol at any time.

In addition, possession or consumption of controlled substances, including both recreational and medicinal marijuana, that can be detected from outside the room/suite/apartment will result in further inquiry and may be a violation of the Housing and Residential Life Policies.

5) Use of Falsified Identification

A student-athlete may not allow another person to use the student-athlete's identification for obtaining alcoholic beverages or controlled substances, nor may the student-athlete use the identification of another person for the illegal purchase of alcohol. If a student-athlete provides identification to someone else, the student-athlete will be held accountable for the manner in which the student-athlete's identification is used. No fake identifications may be used for purchase of alcohol or controlled substances.